

Uncovering the blind spot of patient satisfaction: an international survey

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ABSTRACT

Background: To achieve a high level of patient satisfaction, providers need to identify and address patients' expectations. However, providers' beliefs and attitudes regarding expectations, as well as how to manage them, are not well understood.

Methods: The authors developed a survey to assess clinicians' awareness, attitudes, competence and performance with respect to patient expectations. The authors surveyed clinicians in four academic hospitals located in Denmark, Israel, the UK and the USA.

Results: The authors collected 1004 questionnaires (79.9% response rate) from four hospitals in four countries spanning three continents. Overall, 88.8% of respondents stated that clinician awareness regarding patient expectations was moderate to low, with significant differences between countries ($p < 0.001$). Although 89.4% of clinicians believed it was important to ask patients about expectations, only 16.1% reported actually asking ($p < 0.0001$). Nurses were more likely than physicians to ask patients about expectations (20.1% vs 11.5%, $p < 0.001$). Only 19.6% of respondents felt they had adequate training to handle patients' expectations. In multivariate analyses, clinicians with greater awareness and adequate training were more likely to ask patients about their expectations.

Conclusion: While clinicians think it is important to ask patients about their expectations, they often fail to do so and consequently may not respond adequately. These results identify a 'blind spot' in clinicians' approach when attempting to address patient expectations and improve patient satisfaction, suggesting that healthcare organisations should take a more active role in increasing clinicians' awareness and initiating structured training programmes to cope with patient expectations.

INTRODUCTION

Patient-centred care and patient satisfaction are considered key dimensions of healthcare quality by the Institute of Medicine.¹ Achieving a high level of patient satisfaction is important to the quality of care.^{2–4} Moreover,

higher patient satisfaction has been shown to be associated with improved outcomes.³

Expectations represent an important part of satisfaction.⁵ Meeting patient expectations correlates with higher satisfaction and results in better health outcomes.^{6–8} Consistent with this notion, studies have shown the importance of both identifying and addressing patient expectations.^{9–14} Although failure to identify patient expectations can lead to dissatisfaction, physicians and nurses often neglect to solicit patients' expectations,^{9 15 16} and consequently may not be able to fulfil them.^{16–18}

Despite interest in patient satisfaction and widespread use of patient satisfaction surveys to assess quality of care,² relatively little research has focused on clinicians' attention to addressing patient expectations. Therefore, we undertook a study to examine clinician attitudes, performance and major determinants of their behaviour with respect to managing patient expectations, and did so in multiple countries to determine whether approaches differ across cultures.

METHODS

Study design and survey instrument

Between January and December 2009, we conducted a cross-sectional, multi-centre study surveying physicians and nurses from four academic hospitals located in Denmark (Aarhus University Hospital, Aarhus Sygehus), Israel (Assaf Harofeh Hospital, Zerifin), the UK (Oxford Radcliffe Hospital, Oxford) and the USA (Brigham and Women's Hospital, Boston).

The survey instrument was developed based on a systematic literature review and in-depth interviews with physicians, nurses, researchers and senior administrators. Survey research experts further reviewed the draft survey to ensure comprehensibility and

clarity. We conducted a pilot study with 20 physicians and 20 nurses after which the questionnaire was modified and shortened accordingly. To check the internal validity of the survey, we reversed several questions; the responses were symmetric, suggesting good internal validity.

The final questionnaire included 32 questions (28 closed-ended questions and 4 open-ended questions) and consisted of three main sections related to patient expectations and satisfaction: clinicians' experience (eg, 'Do you routinely ask your patients about their expectations for the hospitalization?'); perceptions towards hospital management activities (eg, 'In your opinion, should hospital management take a more active role in conducting patient satisfaction improvement strategies and/or programs?'); and attitudes (eg, 'In your opinion, is it important that clinicians talk with patients about expectations, which may have either been met or unmet?'). Furthermore, the survey included specific questions regarding awareness (eg, 'In your opinion what are clinicians' levels of awareness towards patients' expectations regarding their hospitalization?') and competence (eg, 'In your opinion are clinicians trained to cope with patient expectations, which may have either been met or unmet?'). Apart from the four open-ended questions the majority could be answered on a 3-point scale, that is, 'Yes', 'No' and 'Don't know'; however, for the two questions related to 'Awareness' we used a 4-point scale: 'Low', 'Moderate', 'High' and 'Don't know'. For the purpose of providing robust data analysis, these were subsequently dichotomised into the following categories 'Low/Moderate' indicating modest awareness and 'High' indicating substantial awareness of patient expectations and patient satisfaction. The survey also asked about provider characteristics such as gender, years of hospital experience, seniority, administrative role and area of specialisation. The questionnaire was translated into Hebrew and Danish by a professional translator and retranslated into English to confirm accuracy.

Study sample

Our pilot study found that most (approximately 80%) clinicians responded 'No' to the question 'Do you routinely ask your patients about their expectations regarding the hospitalization?' Therefore, we estimated that 125 physicians and 125 nurses should be surveyed from each hospital to detect a statistical difference (80% power and 95% CI). Assuming a 20% non-response rate, a representative statistical sample of 157 physicians and 157 nurses was chosen from the medicine and surgery departments at each hospital.

All physicians (resident and attending) and nurses (registered nurse with and without an academic degree)

from the medicine and surgery departments were eligible for participation; clinicians from other clinical settings were excluded. A de-identified, systematic random sample of clinicians was generated using random number blocks. Thus, the first clinician was chosen at random, and subsequently, every fifth clinician was selected. Of 1256 eligible clinicians approached, 1004 completed the survey, yielding a response rate of 79.9%.

Survey administration

The research team administered the survey in person and/or sent the questionnaire to the chosen clinicians through intrahospital mail. Clinicians received an envelope including a cover letter, the survey and a return envelope. Non-respondents received reminders by intrahospital mail. Participating physicians and nurses were assured confidentiality and anonymity of their responses and were asked to return the questionnaire in the attached envelope. The study protocol and survey instrument were approved by the Institutional Review Board of each hospital.

Table 1 Characteristics of respondents

Characteristics	No. of respondents (N = 1004)	Percentage of respondents
Countries		
Denmark	217	21.6
Israel	269	26.8
USA	257	25.6
UK	261	26.0
Clinician		
Nurse	536	53.4
RN (Diploma)	238	44.4
RN (Academic degree)	298	55.6
Physician	468	46.6
Resident	180	38.5
Attending	288	61.5
Area of specialisation		
Medicine	548	54.6
Surgery	456	45.4
Years of hospital experience		
<1	72	7.2
1–4	236	23.5
5–7	234	23.3
8–10	211	21.0
>10	251	25.0
Administrative role		
Yes	184	18.3
No	820	81.7
Gender		
Female	711	70.8
Male	293	29.2

RN, registered nurse.

Statistical analysis

Surveys from all study sites were returned to the Brigham and Women's Hospital for data entry. Data was coded by country and entered into a computer database by research staff. SAS (V.9.2) was used for data analysis, including χ^2 tests and analysis-of-variance testing for univariate analyses. Multivariable analyses were conducted using logistic regression. All statistical tests were conducted at the 95% CI level using Pearson's χ^2 test for independence on contingency tables.

RESULTS

Of 1004 responders (table 1), 54.6% worked in departments of medicine. Almost half (46.6%) were physicians, of which 61.5% were attendings. Slightly more than half of the nurses held an academic degree. Administrative roles were held by a minority (18.3%), and women comprised 70.8% of the responders. Approximately 7% of responders had less than 1 year of hospital experience, and the rest were divided equally across each of the

other subcategories. Overall, clinicians were evenly distributed among the four countries.

Clinicians' performance

Regarding the main research question, 'Do you routinely ask your patients about their expectations regarding hospitalization?', only 16.1% of clinicians stated that they routinely ask their patients (table 2).

Nurses were more likely to ask than physicians (20.1% vs 11.5%, respectively, $p < 0.001$). In multivariable analyses, nurses were more than twice as likely to ask than physicians (OR 2.58; 95% CI 1.60 to 4.15), and clinicians with more than 10 years of hospital experience were almost three times more likely to ask compared with clinicians with 1–4 years of hospital experience (OR 2.89; 95% CI 1.51 to 5.51).

Results also varied between the countries (figure 1). Compared with Israeli clinicians, Danish clinicians were three times more likely to ask (OR 3.04; 95% CI 1.57 to 5.88), while clinicians from the USA and the UK were about twice as likely to ask patients about their

Table 2 Characteristics of clinicians who routinely ask the patients about their expectations (total N=1004)

	Yes, N (%)	No, N (%)	p Value*
Characteristics	162 (16.1)	842 (83.9)	
Countries			<0.0001
Denmark, N=217	68 (31.3)	149 (68.7)	
Israel, N=269	18 (6.7)	251 (93.3)	
USA, N=257	41 (16.0)	216 (84.1)	
UK, N=261	35 (13.4)	226 (86.6)	
Clinician			0.0002
Nurse	108 (20.1)	428 (79.9)	
Physician	54 (11.5)	414 (88.5)	
Nurse			<0.0001
RN (diploma), N=238	70 (29.4)	168 (70.6)	
RN (academic degree), N=298	38 (12.7)	260 (87.3)	
Physician			0.0209
Resident, N=180	13 (7.2)	167 (92.8)	
Attending, N=288	41 (14.2)	247 (85.7)	
Area of specialisation			0.4302
Medicine, N=548	93 (17.0)	455 (83.0)	
Surgery, N=456	69 (15.3)	387 (84.9)	
Years of hospital experience			<0.0001
<1, N=72	10 (13.9)	62 (86.1)	
1–4, N=236	20 (8.5)	216 (91.5)	
5–7, N=234	30 (12.8)	204 (87.2)	
8–10, N=211	30 (14.2)	181 (85.8)	
>10, N=251	72 (28.7)	179 (71.3)	
Administrative role			0.1617
Yes, N=184	36 (20.0)	148 (80.4)	
No, N=820	126 (15.4)	694 (84.6)	
Gender			0.2045
Female, N=711	108 (15.2)	603 (84.8)	
Male, N=293	54 (18.4)	239 (81.6)	

*p Value refers to the difference in distribution of Yes/No responses between the categories of each characteristic.

RN, registered nurse.

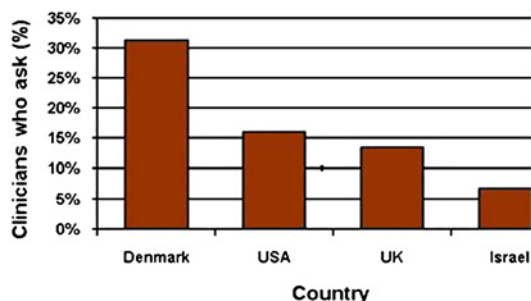


Figure 1 Percentage of clinicians who reported routinely asking patients about their expectations distributed at countries. The figure illustrates the average proportion of clinicians in each of the participating countries who responded 'Yes' to the question 'Do you routinely ask your patients about their expectations for the hospitalization?' (p value <0.001).

expectations (USA: OR 2.07; 95% CI 1.08 to 3.95; UK: OR 2.15 95% CI 1.13 to 4.08).

Awareness towards patient expectations

Overall, 88.8% of clinicians stated that clinician awareness of patient expectations was moderate to low with significant differences between countries (p<0.001).

The level of awareness did not differ significantly between physicians and nurses (p=0.83). We found a statistically significant difference between respondents' years of experience and high levels of awareness (<1 year 8.8%, 1–4 years 8.2%, 5–7 years 4.8%, 8–10 years 10.5% and >10 years 25.5%). In multivariate analyses, clinicians with more than 10 years of hospital experience were twice as likely to have higher awareness than clinicians with 1–4 years of experience (OR 2.08; 95% CI 1.03 to 4.18).

Attitudes towards patient expectations

Overall, 89.4% of clinicians believed it was important to ask patients about their expectations. Compared with physicians, nurses found it more important to ask patients about their expectations (85.2% and 91.4%, respectively; p<0.001). In addition, nurses believed that it is more important to respond to patients' expectations than physicians (90.1% and 86.1%, respectively; p=0.04). The majority of clinicians (88.5%) stated that it is important to respond to patients' expectations in a structured way. Of the respondents, 67% indicated that clinicians should document patient expectations in the record (physicians 55.3% and 78.1% nurses; p<0.001).

Clinicians' competence in coping with patient expectations

Less than one-fifth of clinicians felt they had adequate training to handle patients' expectations, with significant differences between countries (Denmark 42.6%, Israel 9.3%, the UK 14.2% and USA 16.7%; p<0.001). For example, clinicians in the USA were more than twice

as likely to be trained as clinicians in Israel (OR 2.49; 95% CI 1.40 to 4.46). Multivariate analyses indicated that nurses were more likely to be adequately trained than physicians (OR 1.79; 95% CI 1.18 to 2.71) and clinicians with administrative roles (OR 2.85; 95% CI 1.77 to 4.58).

Predictors of managing patient expectations

We found no association between clinicians' beliefs that it is important to ask patients about expectations and their performance (OR 1.41; 95% CI 0.62 to 3.16). The major determinants of managing patient expectations were clinicians' level of awareness and adequate training (figure 2).

Multivariate analyses revealed that clinicians with greater awareness were more than twice as likely to ask as clinicians with lower awareness (OR 2.54; 95% CI 1.49 to 4.34). Clinicians with adequate training were almost four times more likely to ask than clinicians without training (OR 3.74; 95% CI 2.42 to 5.79). Other factors associated with clinicians routinely asking patients about their expectations were clinician type, years of hospital experience and country of practice.

Attitudes towards the hospital management strategy

Overall, 83.6% of physicians and nurses stated that achieving high levels of patient satisfaction was important for the clinical success of healthcare organisations. There was a statistically significant difference between physicians (72.8%) and nurses (84.7%; p<0.001), and between countries (p=0.03).

Of responders, 6.9% stated that their department had a structured plan for managing patient expectations, with significant differences between physicians and nurses (3.8% and 9.5%, respectively; p<0.001). A similar

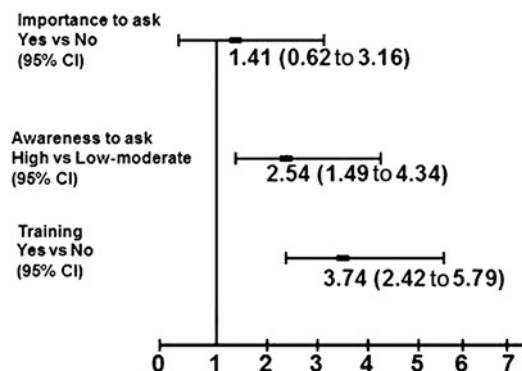


Figure 2 Predictors for asking patients about their expectations. Adjusted OR for clinicians' attitudes regarding the importance of asking patients about their expectations (Yes vs No); level of awareness of clinicians with respect to patient expectations (High vs Low/Moderate); and clinicians who reported that they had adequate training to cope with patient's expectations (Yes vs No). The models were adjusted for: countries, clinicians, area of specialisation, years of hospital experience, administrative role and gender.

difference was observed between the countries ($p < 0.001$). Finally, 85.5% of clinicians thought that hospital management should take a more active role in conducting patient satisfaction improvement programmes.

DISCUSSION

In this international study, we evaluated the major determinants of clinician performance with respect to managing patient expectations. We found that almost nine in ten clinicians felt their awareness of patient expectations was inadequate. We also discovered that while nearly all clinicians stated that it was important to ask patients about their expectations, only 16% reported actually asking. This finding reflects an unrecognised gap between the importance clinicians place on addressing patient expectations and their performance. This discrepancy appears to represent a 'blind spot' in clinicians' approach to patient expectations and patient satisfaction (figure 3). Despite emphasis on patient-centred care by many groups, including the Institute of Medicine,¹ our data raise concerns regarding the responsiveness of clinicians towards the needs and expressed preferences of individual patients. Even though clinicians think it is important to obtain information about patient expectations and respond adequately, they often fail to perform this step.

Previous studies have emphasised that clinicians frequently neglect to solicit information about patients' expectations,^{9 15 16} tending to underestimate and not recognise them,^{18 19} resulting in unmet expectations.^{16–18} Moreover, unfulfilled patient expectations were associated with poorer satisfaction,^{7 8 17} low clinical guideline adherence²⁰ and poor overall health outcomes.^{3 21} Consequently, a growing body of evidence supports the importance of identifying and addressing

patients' expectations.^{7 9–15 22} Jackson and colleagues²³ found that when physicians were informed of patients' previsit expectations, they were better able to meet them; unmet expectations were reduced by 50%.

Our study confirms and extends findings that have shown poor performance of clinicians with respect to managing patient expectations, not only by highlighting the problem but also by identifying the main determinants of the clinician's 'blind spot.' After adjusting for other characteristics, we found no association between clinicians who stated that it was important to ask patients about their expectations and their performance. Thus, clinician preferences appear to be insufficient to affect their performance. We discovered that the level of awareness and adequate training were the major determinants of clinicians' approach to addressing patient expectations. These findings reveal that clinicians with greater awareness were more likely to ask patients about their expectations. Similarly, clinicians with adequate training were more likely to ask patients. The fact that we found that clinicians' awareness regarding patient expectations was moderate to low, and less than a fifth of clinicians felt they had adequate training to cope with patients' expectations, may explain why clinicians around the world often fail to address patients' expectations. Consistent with this notion, previous studies have shown that clinicians who were aware of patients' expectations were better able to satisfy patients' wishes,²⁴ and physicians who had received training to elicit patient expectations were more likely to address these expectations.^{9 25 26} Consequently, although the reasons for clinicians' failure to address patient expectations are not always clear, our findings imply that clinicians should become more aware of the need to both address patient expectations and develop communication skills to successfully handle those expectations.

These findings have implications on healthcare organisations' approach towards patient satisfaction in general and patient expectations in particular. First, our findings emphasise that patient satisfaction should be an integral part of the quality of care in modern healthcare organisations. Second, the findings imply that healthcare organisations should develop and implement structured intervention models for patient satisfaction as a dynamic entity that incorporates clinicians' efforts to address patients' expectations of care. We believe that these models should incorporate assessment of patients' expectations explicitly at the time of hospitalisation and address them throughout the hospital stay. In addition, the models should involve training of nurses and physicians to ascertain, address and document patients' expectations during hospitalisation. However, we think it would be premature to make definitive recommendations regarding what should be considered adequate

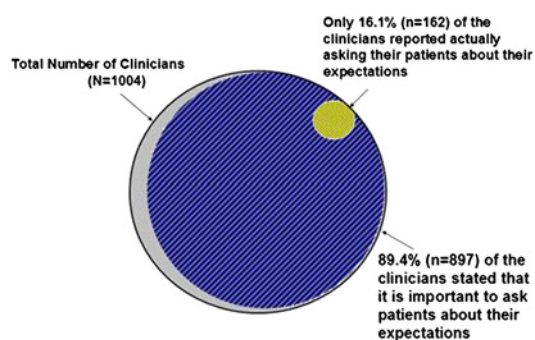


Figure 3 The 'blind spot' of patient satisfaction. The figure illustrates the proportion of clinicians actually asking the patients about their expectations (yellow) compared with clinicians who think it is important to ask (blue). The full circle (grey) represents the overall number of respondents in the survey.

training in this area. We believe that in the short run, it should be part of the hospital's quality improvement initiative and in the long run, training could be an integral part of the graduate medical/nursing education programmes and/or continuing medical education. Finally, we suggest that future studies should investigate different elements designed to empower patients to express their expectations and engage clinicians in a dialogue about those expectations.

Our study also highlights substantial differences between clinician groups. Although nurses and physicians share important roles and responsibilities for delivering patient-centred care,²⁷ we found that nurses were more likely to ask patients about expectations than physicians and appeared to have greater awareness and better skills to manage these expectations. Bluemel and colleagues²⁸ found that nurses showed greater interest in identifying patients' expectations, as they were professionally trained to address patients' needs and concerns as opposed to physicians who, in general, are trained to focus on diagnosis, treatment and vital impairment. Nonetheless, in our study the majority of both nurses and physicians did not address patients' expectations.

Finally, we found that awareness, attitudes, competence and performance with respect to patient expectations differed significantly between countries. Although the majority of clinicians in these four countries were not attentive to patients' expectations, the results from Denmark far exceeded those from the other countries. Our findings indicate that Danish clinicians appeared to be significantly more aware and better skilled at managing patients' expectations. During the past decade, patient satisfaction has become an integral part of the Danish healthcare system aiming to improve the quality of care.²⁹ Since 2000, national and regional satisfaction surveys of hospitalised patients have been conducted on a regular basis. Furthermore, hospital departments that are rated below acceptable standards are asked to improve their performance. Although the differences between countries may reflect general cultural differences, we believe that health policy in Denmark played a key role in motivating hospital management to conduct patient satisfaction improvement programmes, and concomitantly increased awareness and improved clinicians' competence in managing patient expectations. In particular, attempts to involve managers and frontline clinicians in the process of designing patient satisfaction questionnaires and to provide detailed feedback at the department level might be pivotal explanations of the Danish findings.³⁰

This study has a number of limitations. Due to the cross-sectional design, we have shown association but cannot confirm any causal relationships. Further investigation of how these findings change over time and

factors that underlie their improvement would be helpful. Our survey was limited to clinicians in a few academic hospitals, and we included clinicians only from departments of medicine and surgery, which limits the generalisability of our results. Like all surveys, our study may have been subject to potential response bias. Although we had a high response rate, it is possible that clinicians who responded had a greater interest in patient expectations than non-responders.

It appears that clinicians lack both awareness and adequate training to address patients' expectations routinely. These data suggest that healthcare organisations should take a more active role in increasing clinicians' awareness. Conducting training to cope with patient expectations and initiating structured programmes for managing patient expectations might in turn improve outcomes.

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Competing interests None.

Ethics approval The study protocol and survey instrument were approved by the Institutional Review Board of each one of the four participating hospitals: Denmark (Aarhus University Hospital, Aarhus Sygehus); Israel (Assaf Harofeh Hospital, Zerifin); UK (Oxford Radcliffe Hospital, Oxford); and USA (Brigham and Women's Hospital, Boston).

Contributors All authors contributed to the study design, which was drafted by RR and DWB. RR, ML, PMH, OL-K and CAS contributed to the data collection. SL and CAS designed and performed the statistical analysis, and verified its accuracy. All authors helped draft this report and critically revise the draft. All authors reviewed and approved the final version of the report.

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