

Appendix 3: Postpartum Hemorrhage Risk Assessment and Stratification

| PPH Risk Assessment & Stratification | | (Patient label) |
|--------------------------------------|---|---|
| | Risk Factor | Interventions |
| Low Risk | <ul style="list-style-type: none"> <input type="checkbox"/> Singleton <input type="checkbox"/> ≤4 prior vaginal births <input type="checkbox"/> 0-1 prior cesareans <input type="checkbox"/> No known bleeding disorder <input type="checkbox"/> No history of PPH | <ul style="list-style-type: none"> ✓ T&S if indirect coombs (IDC) negative ✓ T&C if IDC positive ✓ Postpartum oxytocin for 4 hours |
| Medium Risk | <ul style="list-style-type: none"> <input type="checkbox"/> BMI ≥ 40 kg/m² <input type="checkbox"/> 2 or more prior cesareans OR 1 uterine incision (myomectomy) <input type="checkbox"/> History of PPH <input type="checkbox"/> EFW > 4,000 g <input type="checkbox"/> Multiple gestation <input type="checkbox"/> >4 prior vaginal deliveries <input type="checkbox"/> Intrapartum magnesium sulfate administration <input type="checkbox"/> Black/African American <input type="checkbox"/> Jehovah's Witness or any woman who refuses blood products <input type="checkbox"/> Chorioamnionitis <input type="checkbox"/> Hgb < 9.0 g/dl <input type="checkbox"/> Hct < 30% <input type="checkbox"/> Platelets < 100,000 <input type="checkbox"/> Large uterine fibroids >5cm | <p><u>One Medium Risk Factor:</u></p> <ul style="list-style-type: none"> ✓ T&S if IDC negative ✓ T&C if IDC positive ✓ Discuss potential PPH interventions with patient and RN ✓ Postpartum oxytocin for 8 hours <p><u>Two Medium Risk Factors:</u></p> <ul style="list-style-type: none"> ✓ T&C 2 Units PRBCs |
| High Risk | <ul style="list-style-type: none"> <input type="checkbox"/> Known coagulopathy <input type="checkbox"/> Active bleeding at admission <input type="checkbox"/> Placental abruption <input type="checkbox"/> Placenta previa or low-lying placenta <input type="checkbox"/> Suspected placenta accreta spectrum disease | <ul style="list-style-type: none"> ✓ T&C 4 units PRBCs ✓ Discuss potential PPH interventions with patient and RN ✓ Extended recovery for 4 hours ✓ Postpartum oxytocin for 12 hours |

