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Indication documentation and indication-based prescribing within electronic prescribing systems: a systematic review and narrative synthesis

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► Additional supplemental material is published online only. To view, please visit the journal online (<http://dx.doi.org/10.1136/bmjqs-2022-015452>).

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Received 10 August 2022

Accepted 27 January 2023

Published Online First

14 February 2023



► <http://dx.doi.org/10.1136/bmjqs-2023-015923>



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To cite: Feather C, Appelbaum N, Darzi A, *et al.* *BMJ Qual Saf* 2023;**32**:357–368.

ABSTRACT

Background Despite recommendations, documentation of indication on prescriptions and inpatient medication orders is not routinely practised. There has been a recent systematic review of indication documentation for antimicrobials, but not for interventions relating to indication documentation for medication more broadly. Our aims were to 1) identify, describe and synthesise the literature relating to effectiveness of interventions aimed at improving indication documentation and/or indication-based prescribing in both primary and secondary healthcare; 2) synthesise participant perspectives to identify barriers and facilitators to these interventions; and 3) make recommendations for both practice and research.

Methods A systematic literature search was conducted using Medline, Embase and CINAHL using two search concepts: electronic prescribing systems, and indication documentation and/or indication-based prescribing. Qualitative, quantitative and mixed-methods studies were included; outcome measures and results were extracted to produce a narrative synthesis. Quality appraisal by two independent reviewers was undertaken using the Mixed Methods Appraisal Tool.

Results We identified 21 studies evaluating interventions to aid indication documentation. Indication documentation was either via free-text, selection from a list, or by use of pre-defined indication-based order sentences for individual medications. For a number of outcomes, there was a mostly positive impact, including appropriateness of the medication order (6 of 8 studies), rates of prescribing error (2/2) and some less commonly reported clinical (2/4) and workflow-related outcomes (2/3). There was a less favourable impact on accuracy of indication documentation and rates of medication use, highlighting some unintended consequences that may occur when implementing new interventions. Participant insights from prescribers and other healthcare professionals complemented quantitative study results, highlighting both facilitators and barriers to indication documentation and the associated interventions. For example, barriers included long drop-down lists and the need to use workarounds to navigate approval systems due to time or knowledge constraints. Facilitating factors included the perceived benefits of indication

WHAT IS ALREADY KNOWN ON THIS TOPIC

⇒ Indication documentation on prescriptions and inpatient medication orders is recommended by numerous authorities; however, its practice is not currently routine.

WHAT THIS STUDY ADDS

⇒ Interventions to improve indication documentation can increase prescribing appropriateness and reduce prescribing errors; however, accuracy of indication documentation requires further targeted intervention.

⇒ The purpose of indication documentation varies; how this is perceived by the prescriber may influence their motivation to document appropriate and accurate indications.

HOW THIS STUDY MIGHT AFFECT RESEARCH, PRACTICE OR POLICY

⇒ This review highlights the need for better methods to document indication in a way that is not burdensome to the prescriber, as well as the need to further evaluate the effect of indication documentation on prescribers and other members of the multidisciplinary team.

⇒ Policy-makers, educators and practice leaders should build on existing successful practice within their own context, promoting indication documentation among prescribers and aiding implementation of routine indication documentation and/or indication-based prescribing.

documentation on communication among the healthcare team and with the patient.

Conclusion Indication documentation has the potential to improve appropriate prescribing and reduce prescribing errors. However, further benefits to the prescriber, multidisciplinary team and patient may only be realised by developing methods of indication documentation that integrate more efficiently with prescriber workflows.

PROSPERO registration number CRD42021278495.

INTRODUCTION

Medication errors continue to be the leading cause of preventable healthcare-related harm; continued advancement of safer prescribing is therefore required.¹ Indication documentation is one aspect of prescribing that can aid safer prescribing practices with a potential impact on patients, prescribers and the wider healthcare team.^{2–5} Its purpose is to provide an explicit link between a named medication and its clinical indication,⁶ a practice recommended by various authorities.^{7–9} Despite such recommendations, relatively little progress has been made to incorporate indications into the prescribing workflow.⁴

The advent of electronic prescribing (eP) over the last few decades has seen widespread adoption of eP systems within primary and secondary healthcare. eP offers the opportunity to encourage and facilitate indication documentation at the time of prescribing.¹⁰ In many eP systems, indication documentation can also be facilitated by selection of indication-based order sentences providing recommended dosing regimens (dose, route, frequency) linked with a particular medication and indication. An indication-based prescribing workflow involves an indication being selected first (rather than a medication) followed by an appropriate medication and dose being suggested to the user. One study evaluating an indication-based prescribing intervention found minimal changes in measured outcomes, with participant interviews identifying contributory factors that may explain this,¹¹ highlighting the importance of also studying barriers and facilitators to such interventions.

A recent scoping review of indication documentation for antimicrobials suggests growing awareness of the importance of indication documentation.¹² Interventions to improve indication documentation generally demonstrated beneficial effects on its prevalence, and almost all studies of prescribing, patient and utilisation outcomes also reported benefits in these areas.¹²

At present, there are no published systematic reviews regarding the use and impact of interventions aiming to improve indication documentation and indication-based prescribing across all medication groups. In addition, there is significant heterogeneity among intervention types and study designs, necessitating careful synthesis. Our aims were therefore to 1) identify, describe and synthesise the literature relating to effectiveness of interventions aimed at improving

indication documentation and/or indication-based prescribing in both primary and secondary healthcare; 2) synthesise participant perspectives to identify barriers and facilitators to these interventions and 3) make recommendations for practice and research.

METHODS

Search strategy

We used two search concepts: 'eP systems' and 'indication documentation/indication-based prescribing', linked by the Boolean operator 'AND'. Search terms included relevant synonyms, truncations and spelling alternatives. A test list of nine known papers^{11 13–20} was used to test the search strategy. Searches were conducted on Embase, Medline and CINAHL using relevant subject headings and keywords (online supplemental eTables 1–3) following advice from a subject librarian. Reference lists of included papers were screened for further potentially relevant studies. There were no limits set for date or language.

Inclusion/exclusion criteria

Inclusion criteria (online supplemental eTable 4) were that studies had to describe and evaluate interventions and outcomes relating to indication documentation and/or indication-based prescribing. Outcome measures were required to relate to prescribing appropriateness, accuracy, safety, workflow and/or other clinical outcomes. Studies that reported participant insights on a planned or actual intervention were also included. We included both primary and secondary healthcare settings, both ambulatory and inpatient; studies focusing solely on social care settings such as care homes were excluded. Studies were required to have been published as peer-reviewed research papers. We initially included all studies of relevant interventions including those that presented only descriptive data; however, during the synthesis process, studies that did not include effectiveness data were excluded.

Study selection

The primary reviewer (CF) screened all titles and abstracts and deemed papers either 'potentially relevant' or 'not relevant' based on the inclusion and exclusion criteria. The second reviewer (BDF) reviewed a random 10%, with any disagreements resolved through discussion until consensus was reached. All 'potentially relevant' papers were retrieved for full-text review and a further 10% or 10 full-text papers (whichever was greatest) independently reviewed by the second reviewer. Inter-reviewer agreement was assessed using Cohen's Kappa.²¹

Data extraction

Data extracted included author, country, year of publication, study aims and objectives, design, methods, intervention, implementation strategy, setting, population, sample size, duration, eP system, outcome

measures, main findings and limitations listed by authors. Qualitative findings were extracted separately and included any relevant participant quotes. Data for two randomly selected papers were extracted independently by the second reviewer to support quality assurance.

Quality appraisal

The mixed methods appraisal tool (MMAT) was used to assess studies' methodological quality.²² An overall score was calculated for each paper based on scores for each of the five criteria per research method, as per updated MMAT guidance.²³ Mixed-methods studies were given a score based on the lowest scoring component.²³ All studies were independently appraised by two reviewers and Cohen's Kappa calculated for inter-rater reliability; any divergent scores were discussed until a consensus was agreed. Articles were included irrespective of quality score.

Data synthesis

Due to anticipated heterogeneity of methods and outcome measures, meta-analysis was not considered appropriate. A narrative synthesis was therefore undertaken incorporating both quantitative and qualitative study findings. Participant perspectives were used to identify barriers and facilitators. Guidance from the University of York's Centre for Reviews and Dissemination²⁴ was used as a framework for narrative synthesis, and an overview is provided in online supplemental figure 1. The results of the systematic review combined with information from additional literature^{4 12} were used to create recommendations for practice and research.

This review follows the Preferred Reporting Items for Systematic Reviews and Meta Analyses (PRISMA) and the Synthesis without meta-analysis (SWiM) reporting guidelines.^{25 26} The protocol was registered prior to commencing data collection on PROSPERO.²⁷

RESULTS

After deduplication, a search on 13 September 2021 yielded 523 articles. A further 10 were retrieved from reference lists during full-text screening. Therefore, 533 titles and abstracts were screened, of which 482 were excluded, leaving 51 for full-text screening (figure 1). Following full-text review, 25 articles met the inclusion criteria. The second reviewer screened 55 titles and abstracts with Cohen's Kappa 0.847 (almost perfect agreement) and 10 full-text articles with Kappa 0.737 (substantial agreement). During synthesis, four further studies were excluded as they did not provide either comparison/effectiveness data or participant perspectives.^{17 19 28 29}

Overview of included studies

The 21 included studies were quantitative (n=15), mixed-methods (n=4) and qualitative (n=2), and included interventions in hospital (both inpatients

and outpatients) (n=16), primary care/general practice (n=4) and outpatients only (n=1). The majority focused on adults (n=18); three were in paediatrics. Studies included data from six countries, with the USA (n=14) and Australia (n=5) most common. Studies included participants from the following groups, with eight including more than one group: doctors (n=11), nurses (n=4), pharmacists (n=4), patients/consumers (n=2), advanced practice providers (n=2), certified physician assistants (n=1), 'prescribers' (n=5) or not specified (n=4). Publication dates ranged from 2003 to 2021. Table 1 presents an overview of included studies and outcome measures (including effect direction for those with effectiveness data). Online supplemental eTable 5 gives further details including classification of interventions according to the Effective Practice and Organisation of Care taxonomy.³⁰

Quality appraisal

Interrater reliability was initially low at 0.340 ($p<0.001$); divergent scores were discussed until consensus was met. Of the 21 studies, 12 scored 100%, six 80%, one 60% and two 20% (online supplemental eTable 6). Most common reasons for scoring 80% rather than 100% were for quantitative non-randomised studies for which it was not possible to determine whether confounders were accounted for. Of the four mixed-methods studies, two scored well across both components and therefore scored 100%. The other two scored poorly for one component, giving an overall score of only 20%.

Intervention types

Interventions to encourage or mandate indication documentation fell into two non-mutually exclusive groups: interventions encouraging indication documentation via selection from a list or free-text entry (n=14),^{30–43} or via use of indication-based order sentences (n=10).^{11 18 20 32 40 41 44–47}

Indication documentation

Thirteen of the 14 studies were based on either indication selection from a list, or by entering a free-text indication.^{30–38 40–43} In one other study, if a particular 'inappropriate' indication was selected for an acid-suppressive medication, the prescriber was presented with guidance on selecting an appropriate indication or cancelling the order.³⁹

Indication-based order sentences

Interventions based on indication-based order sentences explicitly linked an indication with the medication, along with the dose, frequency, route and so on.^{11 18 20 32 40 41 44–47} When the medication was ordered, the indication was therefore automatically documented. Three of the ten interventions also provided prescribers with suggested alternatives when an indication was entered that was potentially

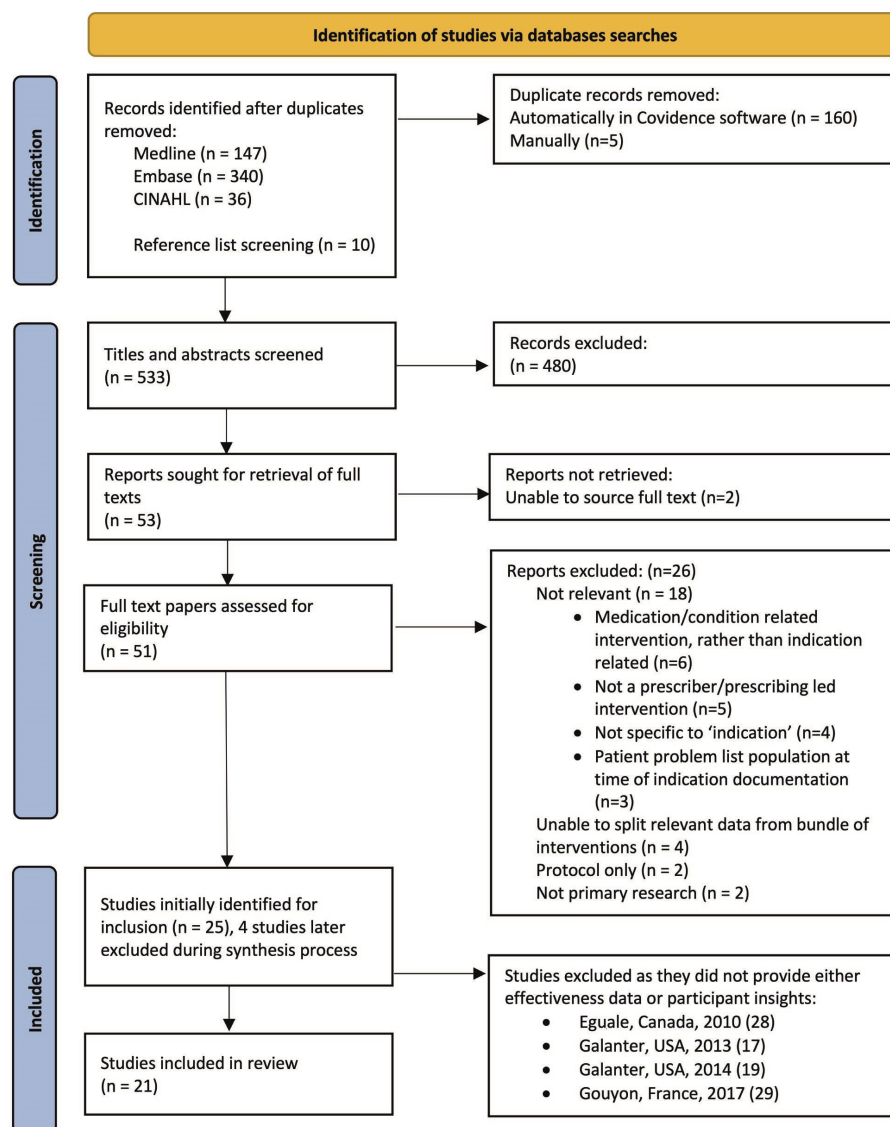


Figure 1 PRISMA flow diagram. Study citation numbers included in brackets for excluded studies. CINAHL, Cumulative Index to Nursing and allied Health Literature.

inappropriate for the medication; these may have been for a more appropriate medication choice or for non-pharmacological treatment.^{40 41 45}

Intervention purpose

The stated purpose of study interventions is presented in [figure 2](#).

For about half of the studies, interventions were specific to antimicrobials as part of an antimicrobial stewardship programme. The overriding rationale for these interventions was to reduce inappropriate antimicrobial prescribing to reduce resistance at a population level.

The remaining interventions were for the purpose of improving prescribing workflow and/or documentation to improve patient safety, patient information, patient-level review of medication use and to populate patient problem lists within the electronic health record. Some interventions were designed with

multiple benefits in mind, such as improving patient safety while also making prescribing easier and more efficient.

Effectiveness of indication documentation and indication-based prescribing

We identified 15 studies that presented effectiveness data by comparing intervention outcomes against either a pre-intervention period or a parallel control.^{11 18 20 30 31 33 35 38–40 42–45 47} A summary of the study interventions and outcomes is presented in [table 1](#); findings relating to each outcome measure are presented below.

Appropriateness of medication

Eight studies assessed the proportion of medication orders deemed to be appropriate, inappropriate or compliant with policy.^{11 18 35 38–40 42 45} Appropriateness was generally defined by study authors as a medication

Table 1 Summary of studies (with effect direction for those studies with effectiveness data)

First author and year of publication (citation number)	Outcome measures, including direction of effect								
	Study design	Intervention description	Appropriateness of medication	Accuracy of indication documentation	Rates of medication usage	Error rates	Workflow-related outcomes	Other clinical outcomes	Participant perspectives
Quantitative randomised controlled trials									
Meeker, 2016 ⁴⁰	Cluster RCT	Three separate behavioural interventions to reduce unnecessary antibiotic use (the first two are eP based)—suggested alternatives, accountable justification and peer comparison. <i>Antimicrobials</i>	Improved						
Garabedian, 2019 ²⁰	RCT	Indication-based prescribing prototype with patient-specific list of drug choices. <i>Specific list of medications</i>				Improved	Improved		
Quantitative non-randomised studies									
Herzig, 2015 ³⁹	Interrupted time series	Indication selection for acid-suppressive medication that triggered an alert and guidance to the prescriber to select appropriate indication or to cancel order. <i>Acid suppressive medications</i>	Improved		No change				
Vercheval, 2016 ³¹	Interrupted time series	Policy—mandatory inclusion of indication to start or continue antibiotics and duration or review date (along with bundle of other interventions). <i>Antimicrobials</i>			No change			Mixed results	
Richards, 2003 ³⁵	UBA	Web-based antimicrobial approval system, requiring prescriber to select antimicrobial and indication, which then provides the prescriber with an approval number. <i>Antimicrobials</i>	Improved		Improved				
Lee, 2008 ⁴⁴	UBA	Structured insulin order sets, initially on paper then onto eP system. Mandatory for anything but one-time insulin order. <i>Insulin</i>						Improved	
Warholak, 2014 ⁴³	UBA	Prescribers asked to provide patient's diagnosis or indication for use as free text in the notes sections of the e-prescription. <i>All medications</i>				Improved			
Metcalfe, 2017 ³⁰	UBA	Approval on antimicrobials via a mandatory indication field. <i>Antimicrobials</i>						Improved	
Nomura, 2018 ⁴²	UBA	Incorporation of a provider-selected order indication field with a list of selectable indications for commonly prescribed antimicrobials. Free-text indication documentation could also be used. <i>Antimicrobials</i>	Mixed results						
Goss, 2020 ¹⁸	UBA	Indication-based prescribing, selection of an antibiotic based on the diagnosis entered, which is then provided as a pre-populated order form. <i>Antimicrobials</i>	Improved						
Scardina, 2020 ³³	UBA	Addition of indication options (or free-text indication) for ceftriaxone and vancomycin orders. <i>Antimicrobials</i>		*				Mixed results	

Continued

Table 1 Continued

First author and year of publication (citation number)	Outcome measures, including direction of effect								
	Study design	Intervention description (<i>Medication type/group targeted in italics</i>)	Appropriateness of medication	Accuracy of indication documentation	Rates of medication usage	Error rates	Workflow-related outcomes	Other clinical outcomes	Participant perspectives
May, 2021 ⁴⁵	UBA	Azithromycin order panel with guidance and alternative suggestions. <i>One antimicrobial medication</i>	Improved					No change	
Timmons, 2018 ³⁸	Cross-sectional analytical study	The use of drug-specific lists of appropriate indications using institutional guidelines and asked providers to choose an indication at the time of ordering. Or to select 'other'. <i>Antimicrobials</i>	Improved	Decreased					
Stultz, 2019 ⁴⁷	Cross-sectional analytical study	Use of order sentences for providing meningitis dosing support. <i>Antimicrobials</i>			Improved				
Mixed methods studies									
Baysari, 2017 ¹¹	CBA and qual interviews	Pre-written orders incorporating authorised indications. <i>Antimicrobials</i>	No significant change	No significant change					✓
Ho, 2020 ⁴⁶	UBA and quant participant survey	Implementation of a clinical indication library into the prescribing process. <i>Specific list of medications</i>						*	✓
Shemilt, 2019 ³²	Quant descriptive and qual survey, focus groups and interviews	Inclusion of indication at time of prescribing for antibiotic therapy and 'when required' medications. <i>Antimicrobials and as required medications</i>		*					✓
Beardsley, 2020 ³⁶	Quant descriptive and qual survey	Indication required for antibiotics in three-step process: 1) whether prophylaxis, empirical therapy and definitive therapy; 2) which organ system; 3) which infection. <i>Antimicrobials</i>		*					✓
Qualitative studies									
Garada, 2017 ³⁷	Qual interviews	Documenting indication on prescriptions and dispensed medicines labels. <i>All medication groups</i>							✓
Baysari, 2019 ³⁴	Qual interviews	Mandatory indication on eP systems. <i>All medication groups</i>							✓
Quantitative descriptive studies									
Gong, 2016 ⁴¹	Quant descriptive, participant survey	Behaviour interventions to reduce unnecessary antibiotic use—suggested alternatives, accountable justification (peer comparison and pay-for-performance incentives). <i>Antimicrobials</i>							✓
✓—Participant perceptions. *Quantitative descriptive data only (no effectiveness data). BA, controlled before-and-after study; eP, electronic prescribing; qual, qualitative; quant, quantitative; RCT, randomised controlled trial; UBA, uncontrolled before-and-after study.									

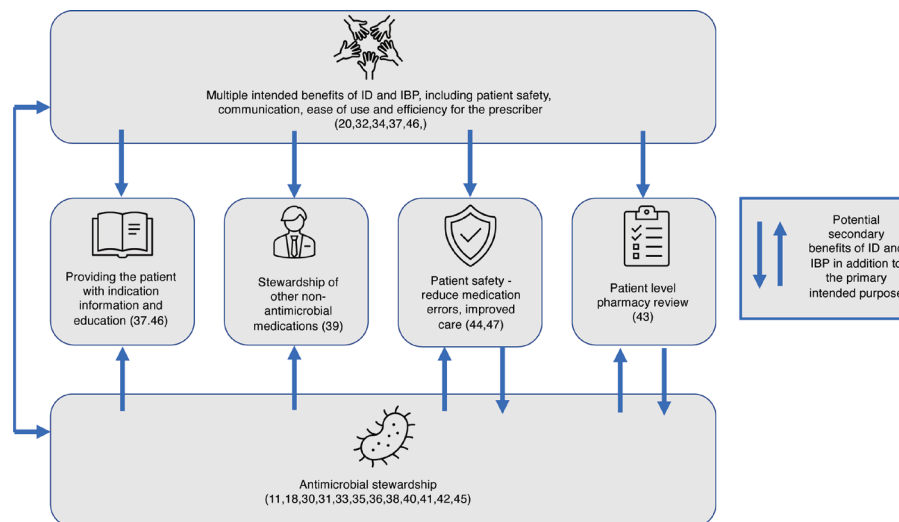


Figure 2 Purpose of indication documentation interventions. Each box indicates the primary intended purpose of the interventions as stated by the individual study authors, the arrows represent the potential secondary benefits as theorised by the authors of this systematic review. IBP, indication-based prescribing; ID, indication documentation. Study references in brackets.

and associated indication that were in accordance with local guidelines or other defined source. Seven studies were in relation to antimicrobials: four for all antimicrobials^{11 18 38 42} and three specifically targeting prescribing for respiratory tract infections.^{35 40 45} The eighth study targeted inappropriate prescribing of acid-suppressive medications as prophylaxis for stress ulcers.³⁹

As shown in table 1, overall rates of appropriateness improved in six studies. The intervention associated with greatest improvement was a web-based antimicrobial approval system that required prescribers to select an antimicrobial and indication before being provided with an approval number. This uncontrolled before-and-after study suggested a reduction in the percentage of patients inappropriately treated with ceftriaxone or cefotaxime, from 50% to 27%.³⁵ A randomised controlled trial (RCT) reported on multiple interventions relating to indication use (including suggested alternatives, accountable justification and peer comparison) and saw an absolute reduction of 16.0–18.1% in the intervention groups; the control group also experienced an absolute reduction of 11%.⁴⁰ Similarly, an azithromycin order panel with guidance and suggested alternatives was associated with a 12.6% absolute reduction in all inappropriate orders compared with pre-intervention; however, prescriptions with inappropriate dose and duration showed a slight increase.⁴⁵ One intervention advocating use of drug-specific lists of appropriate indications required prescribers to select an indication or to specify ‘other’ and provide a free-text response. The percentage of orders with an appropriate indication was 94.5% for those selected from the list compared with 74.6% that were written as free text.³⁸

A number of studies either found no change or mixed results^{11 42}; in particular, one study⁴² suggested

a decrease in inappropriate orders ($p=0.01$) post-intervention, but after taking into account orders that had incomplete indication documentation, the difference was no longer statistically significant ($p=0.08$). Similarly, another study showed no significant change in appropriateness, although sub-analysis suggested a decrease in appropriate prescribing for each additional indication available for a given medication.¹¹

Accuracy of indication documentation

Effectiveness of interventions on accuracy of indication documentation was reported by two studies.^{11 38} The first used pre-written order sentences with authorised indications, and found no change between control and intervention groups ($p=0.1$).¹¹ Sub-analysis showed that accuracy also decreased for each additional indication available ($p=0.0001$). The authors felt this was due to incorrect indications being selected or prescribers entering nonsensical text into the free-text indication box; prescribers suggested the latter was a ‘workaround’ to navigate the antimicrobial approval system. The second study compared selection of an indication from a drug-specific list versus free text.³⁸ Despite improvements in the appropriateness of medications when selecting an indication from a list, the accuracy of the indication was lower compared with entering free text (OR 0.25; $p=0.0043$).

Rates of medication usage

Medication usage was reported by three studies of interventions aimed at reducing inappropriate prescribing of antimicrobials^{31 35} or acid suppressants.³⁹ Two interrupted-time-series studies found overall usage rates to be unaffected by the intervention despite a reduction in medication orders with inappropriate indications,^{31 39} the third study used an

uncontrolled before-and-after design and reported a reduction.³⁵

Prescribing errors

In two studies reporting prescribing error rates, interventions were successful in intercepting and reducing errors.^{20 47} The first used a RCT to compare use of a prototype indication-based prescribing system with two existing eP systems. This required users to start by entering the indication; the prototype then provided drugs of choice. The error rate was significantly lower at 5.5% compared with the average of 29.7% across the two eP systems ($p<0.001$).²⁰ The second was a cross-sectional study that compared error rates for orders with and without an indication-based order sentence (specific to antimicrobials for meningitis). Orders with a meningitis order sentence had an error rate of 19.8% compared with 43.2% for those without ($p<0.01$).⁴⁷

Workflow-related outcomes

One study³³ demonstrated a reduction in *time to administration* for ceftriaxone, but no change for vancomycin. For the prototype prescribing system using an indication-based prescribing workflow, the *time to complete medication orders* was quicker than with either of the two comparison systems.²⁰ A third study⁴³ explored use of indication documentation and how this affected incidence and types of drug therapy problems identified by a single clinical pharmacist. Although most *types of problems* identified remained the same, the percentage of prescriptions with *problems requiring pharmacy intervention* reduced from 3.9% of all prescriptions in the pre-intervention phase to 1% post-intervention.

Less commonly evaluated clinical outcome measures

The following outcome measures were each reported by one study and are listed as 'other clinical outcomes' in table 1. Two studies evaluated use of mandatory indication documentation for antimicrobials; one found *mortality rates* to be unaffected whereas median *length of stay* reduced from 7 to 6 days ($p<0.0001$).³¹ The second study found that *surveillance rates* increased from 10.5% to 100% and *number of prescriptions without approval* reduced from 179/200 to 0/200.³⁰ An uncontrolled before-and-after study found no significant change in *number of patients requiring additional antibiotics* or *number of patients requiring return visit within 30 days* following implementation of an azithromycin order panel with suggested alternatives.⁴⁵ A further uncontrolled before-and-after study measured *glycaemic control rates*, *percentage of hypoglycaemic/severe hypoglycaemic days* and *risk of hypoglycaemic patient stay*; all improved following introduction of indication-based order sentences for insulin.⁴⁴

Participant perspectives

Seven studies included participant perspectives on use of indication documentation and indication-based prescribing.^{11 32 34 36 37 41 46}

Facilitators

Both patient and healthcare participants perceived several mechanisms through which indication documentation and indication-based prescribing could improve clinical practice and could thus facilitate its use. For prescribers and the wider healthcare team, these included facilitating deprescribing, informing prescribers of patient conditions, and increased ability to identify and rectify prescribing errors.⁴⁶ Indication information was also perceived to aid team communication,³⁴ particularly at the time of patient transfer between settings.³² Indication documentation on outpatient prescriptions and medication labels can also provide patients with information about their medicines and what they are being used for, which was perceived to help patients and their carers.^{37 46}

Barriers

Practical workflow considerations were a concern for some participants, with long drop-down lists making selection difficult and risking mis-selection.^{11 32} Indication documentation was perceived as time consuming and impractical,³⁴ particularly if prescribers were expected to document indications for all medications.³² However, participants surveyed by Beardsley *et al* reported that indication documentation was only a 'minor nuisance' or 'occasionally burdensome' and required only an extra 1–10 or 11–20 seconds, despite the intervention requiring a three-step process.³⁶ In contrast, Beardsley *et al* also reported that 21 of 60 participants provided 'negative [free-text] comments relating to the additional time and/or lack of perceived benefit'. However, this study scored low on MMAT due to insufficient information on its qualitative component. Regarding indication documentation for the purpose of antimicrobial prescribing approval, Baysari *et al*¹¹ found that junior staff may be pressurised by senior staff to use workarounds to prescribe without approval. In addition, prescribers were found to struggle to define and clarify indications, particularly junior doctors who frequently transcribe inpatient medication orders without necessarily knowing their indication.³⁴

Prescribers in two studies from Baysari *et al* felt that inaccuracy of indication documentation may be due to prescriber tendencies to prioritise dose and frequency over indication when selecting from a list, lack of monitoring of selected indications,¹¹ and that lack of knowledge and workarounds could lead to poor information quality.³⁴ Gong *et al*⁴¹ used a discrete choice experiment to ascertain prescribers' preferences for interventions to reduce inappropriate antibiotic prescribing following participation in an earlier

Box 1 Recommendations for practice and research relating to indication documentation and indication-based prescribing within electronic prescribing systems

Recommendations for practice

Efforts should be made by quality improvement teams, policy-makers and educators to build on any existing momentum for indication documentation. As indication documentation continues to become commonplace for antimicrobials, this should be capitalised upon as a springboard to extend this practice to further medication groups. Areas of need or high risk should be prioritised.

Raise prescriber awareness of the various purposes of indication documentation to highlight the importance of the accuracy of indication documentation, such as to trigger alerts/reminders or other support mechanisms.

Consideration of the wording used for indication documentation may be required if and when this information may be passed onto patients, such as on discharge documentation, prescription forms or patient-held records.

A myriad of potential barriers and facilitators to successful implementation of indication documentation and indication-based prescribing interventions were identified in this review and elsewhere (4,12,48). Intervention developers and implementers therefore need to work with prescribers and other members of the multidisciplinary team from intervention design through to implementation, to increase the likelihood of success.

Recommendations for research

Research into the current methods by which indication and order-sentence libraries are created and maintained by pharmacy informatics teams will allow for a better understanding of the technical challenges in implementing indication documentation and indication-based prescribing interventions.

Further research investigating the impact of indication documentation from the perspective of hospital and community-based clinical pharmacists is required, for example, regarding improved efficiency of deprescribing and pharmacy–prescriber communication.

There was minimal research identified pertaining to the impact of indication documentation and indication-based prescribing on ward-based nurses, even though they check, prepare and administer medications, in addition to communicating medication information to patients. Further research investigating the impact of electronic prescribing-based indication documentation from the perspective of nursing staff is therefore required.

Only two studies included patient participation/feedback (37,46); further research into patients and carers' perspectives on indication documentation within electronic prescribing systems may be required.

Lastly, effectiveness research conducted in this field should aim to use randomised designs, or at least controlled before-and-after/interrupted-time-series methods to strengthen the evidence; only 5 of 21 studies in the present review employed these stronger designs.

RCT.⁴⁰ Regardless of the intervention a participant was exposed to, they preferred an intervention that provided suggested alternatives (as indication-based order sentences). However, the earlier trial found peer comparison and justifiable accountability (requiring prescribers to provide justification for the choice of medication by documenting the indication) were more effective.⁴⁰

Lastly, with regard to indication documentation on outpatient prescriptions and medication labels, prescribers and pharmacists were concerned about overcrowded labels and the privacy of patients' confidential information.³⁷ In contrast, patients/consumers largely believed that indication documentation on prescriptions and labels would be beneficial.^{37 46}

DISCUSSION

Summary of key findings

We identified 21 studies describing interventions to support indication documentation via two mechanisms: indication documentation via selection from a list or as free text, and/or via use of indication-based order sentences. Interventions had diverse purposes,

which included improving prescribing workflow, reducing prescribing errors, aiding transfer of information between healthcare professionals, and facilitating patient education.

The most favourable results were for the outcome 'appropriateness of medication'—although effect sizes varied, six of eight studies showed a positive effect. Other studies demonstrated improvements in prescribing error rates, improved glycaemic control, reduced length of stay, reduced time to complete medication orders and reduced number of prescriptions requiring pharmacy intervention. Participants reported other potential benefits to include facilitating deprescribing, increasing prescribers' awareness of patients' conditions and providing medication education for the patient through provision of indication information.

Despite these positive outcomes, it is important to consider some of the less favourable outcomes and unintended consequences of the interventions evaluated. A negative impact was found when evaluating effectiveness of interventions on the accuracy of indication documentation, considered by authors of one study to be due to selection of the indication from

a list.¹¹ These findings were supported by participant perspectives suggesting that long drop-down lists made selection difficult and risked mis-selection. Other barriers included indication documentation being time consuming and that prescribers prioritised dose and frequency over selection of an accurate indication. The impact of specificity of the indication (eg, urinary tract infection vs pyelonephritis) on accuracy is difficult to assess due to limited information being provided in one of the two studies.¹¹

Comparison with existing literature

Our findings are consistent with Saini *et al*'s scoping review on indication documentation in antimicrobial prescribing.¹² Our review included fewer studies overall due to more limited inclusion criteria (exclusion of grey literature and indication documentation outside of eP). There were, however, a similar number of studies presenting effectiveness data due to our inclusion of four non-antimicrobial studies. Saini *et al* also provided healthcare worker insights on indication documentation and mapped these as barriers or facilitators using the COM-B behaviour change model (Capacity, Opportunity, Motivation—Behaviour). The results from ours and Saini *et al*'s review appear comparable irrespective of the medication type, suggesting that similar outcomes can be achieved when implementing interventions for medications other than antimicrobials.

Ours and Saini *et al*'s findings relating to participant perspectives resonate with those of Kron *et al*,⁴ whose work was part of a larger project to incorporate indications into the prescribing workflow.⁴⁸ Kron *et al*'s initial work convened multiple stakeholders via online webinars and although it was not published as peer-reviewed research and therefore did not meet our inclusion criteria, it provides in-depth perspectives on indication documentation. To maximise the potential of indication documentation and reduce implementation barriers, Kron *et al* then employed user-centred design principles to develop an indication-based prescribing system that altered the traditional eP workflow. This prototype system allowed users to begin by searching for the indication or selecting a problem from the patient's existing problem list, and the system then presented the user with a selection of indication-appropriate guideline-based medication options along with order sentences. User-testing results of this prototype were included in our review and demonstrated a reduction in time to prescribe and fewer mouse clicks compared with existing eP systems.²⁰ In addition, a further study included in our review¹⁸ employed an indication-based prescribing workflow for antimicrobials that resulted in an increase in the percentage of appropriate antimicrobial orders. These findings support other authors in the field who propose that an indication-based prescribing workflow has potential

to maximise the benefits of indication documentation while limiting the barriers.^{2 4 10 48 49}

Strengths and limitations

Strengths of this review are that, in contrast to Saini *et al*,¹² we included interventions relating to all medication groups and that the quality of the included studies was appraised independently by two reviewers. While Cohen's Kappa between the two reviewers was relatively low, this was not unanticipated due to the subjectivity of such appraisal tools. Discussion between the two reviewers allowed for a more thorough appraisal of each paper, often leading to a higher overall score.

This review also has limitations. While every effort was made to conduct a comprehensive search, there is a lack of consistent terminology in this field and therefore our search may not have identified all relevant studies. We only included peer-reviewed research publications; interventions in the grey literature may be missing. The majority of the screening was undertaken by a single reviewer; however, a second reviewer screened and reviewed a proportion of titles and abstracts and then full texts, with almost perfect and substantial agreement at each stage. In addition, data extraction was conducted by a single reviewer; however, a second reviewer extracted data for two randomly selected papers and the original papers were referred back to during the writing-up phase to reduce the likelihood of error. Lastly, publication bias is a possibility, as studies with limited or no effect may be less likely to have been published.

Recommendations for practice and research

Inclusion of indication documentation at the time of prescribing has potential to benefit the original prescriber, onward prescribers, the wider multidisciplinary team and the patient. Recommendations for practice and research are summarised in [box 1](#).

CONCLUSION

Indication documentation and indication-based prescribing interventions are being implemented and evaluated across numerous healthcare settings. For some outcomes, studies report a mostly positive impact, particularly for appropriateness of prescribing and prescribing errors. Improvements are required to better integrate indication documentation into prescribing workflows in a way that is acceptable to prescribers and enables accurate indication documentation. In turn, this should facilitate safer prescribing and onward use of indication information to aid communication, decision-making and education for healthcare professionals and patients.

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Acknowledgements The authors would like to acknowledge the help of Adrian Hire who acted as the second reviewer for quality appraisal.

Contributors CF: study design, data collection, first reviewer, data analysis and interpretation, writing, editing and as the guarantor for this work. BDF: study design, pilot data collection, second reviewer for title and abstract screening and full-text screening, writing and editing. NA: study design and editing. AD: study design and editing. All authors contributed comments before the manuscript was finalised. All the authors have read and approved the final manuscript for publication.

Funding Infrastructure support and funding for this study was provided by National Institute for Health and Care Research (NIHR) Imperial Biomedical Research Centre (1215-20013); NIHR Imperial Patient Safety Translational Research Centre (PSTRC-2016-004).

Disclaimer The views expressed are those of the author(s) and not necessarily those of the NIHR or the Department of Health and Social Care.

Competing interests NA is a director of and shareholder in Dosium Holdings Ltd, a company developing medication-related clinical decision software for use in electronic prescribing systems. CF and AD are also shareholders in Dosium Holdings Ltd. BDF is an editor at BMJ Quality and Safety and has previously supervised a PhD student who was part funded by Cerner.

Patient consent for publication Not applicable.

Ethics approval Not applicable.

Provenance and peer review Not commissioned; externally peer reviewed.

Data availability statement Data are available on reasonable request.

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Online Supplementary documentation

eTable 1 Embase search terms

EMBASE	Subject headings/Mesh	Key terms, including truncation and adjacencies
Concept 1 – CPOE/eP	computerized provider order entry (expanded) decision support system (expanded) physician order entry system	computeri?ed adj2 order entry CPOE electronic* adj1 prescrib* eprescribing e prescribing clinical decision support CDS computeri?ed decision support computer assisted decision making electronic medication management EMM EMMS electronic order entry EPMA physician order entry hospital medication system* medical order entry system*
Concept 2- Indication-based prescribing	drug indication	drug indication indication* based indication* specific indication* for medic* documented adj2 indication* mandatory adj2 indication* prescri* adj2 indication* reason* adj3 drug* reason* adj3 medic* reason adj3 prescri*

eTable 2 Medline search terms

Medline	Subject headings/Mesh	Key terms, including truncation and adjacencies
Concept 1 – CPOE/eP	electronic prescribing decision support systems, clinical medication systems, hospital medical order entry systems	computeri?ed adj2 order entry CPOE electronic* adj1 prescrib* eprescribing e prescribing clinical decision support CDS computeri?ed decision support computer assisted decision making electronic medication management EMM EMMS electronic order entry EPMA physician order entry system* hospital medication system* medical order entry system*
Concept 2- Indication-based prescribing		drug indication indication* based indication* specific indication* for medic* documented adj2 indication* mandatory adj2 indication* prescri* adj2 indication* reason* adj3 drug* reason* adj3 medic* reason* adj3 prescri*

eTable 3 CINAHL search terms

CINAHL	Subject headings/Mesh	Key terms, including truncation and adjacencies
Concept 1 – CPOE/eP	decision support systems, clinical decision making, computer assisted electronic order entry	computeri?ed N1 “order entry” CPOE eprescribing e prescribing (electronic* N1 prescrib*) or (electronic* N1 prescription*) clinical decision support CDS computeri?ed decision support computer assisted decision making electronic medication management EMM EMMS electronic order entry EPMA physician order entry system* hospital medication system* medical order entry system*
Concept 2- Indication-based prescribing		drug indication indication* based indication* specific indication* for medic* documented N2 indication* mandatory N2 indication* prescri* N2 indication* reason* N3 drug* reason* N3 medic* reason* N3 prescrib* reason* N3 prescription*

eTable 4 Inclusion and exclusion criteria

Criterion	Inclusion	Exclusion
Sources	-Peer reviewed literature from database searches- <ul style="list-style-type: none"> Medline Embase CINAHL -Reference list screening	Other sources including- <ul style="list-style-type: none"> conference abstracts PhD theses non-peer reviewed publications
Dates	<ul style="list-style-type: none"> No limitation on date 	
Study types	<ul style="list-style-type: none"> All primary research study designs (relevant systematic reviews were utilised to source other potentially eligible primary research studies by screening the reference list) 	<ul style="list-style-type: none"> Audits of prescribing that do not relate to the evaluation of an intervention Protocols without study results
Language	<ul style="list-style-type: none"> No language limitations 	
Intervention	<ul style="list-style-type: none"> Indication-based prescribing using electronic prescribing systems Indication documentation using electronic prescribing systems May include data collected regarding a planned intervention that has not yet been implemented Where the intervention forms part of a larger bundle of components, it was included if it was possible to extract the data relating to indication documentation and/or indication based prescribing 	<ul style="list-style-type: none"> Studies of paper-based prescribing only Interventions that required no human-computer interaction at the time of prescribing (e.g., neurolinguistic programming that captured indication information automatically without requiring human verification)
Outcome measures (may including both quantitative and qualitative outcome measures)	<ul style="list-style-type: none"> Medication errors Inappropriate prescribing Accuracy of indication documentation Adverse drug events User perceptions (including pre intervention) User workflow and team workflow Staff satisfaction Efficiency (speed) Effectiveness (safety) Other clinical outcomes e.g., mortality rates, length of stay 	<ul style="list-style-type: none"> Studies without effectiveness data, unless they include participant perceptions via qualitative methods or survey.

Setting	<ul style="list-style-type: none">• Primary and secondary healthcare settings, including both clinical and simulation settings.	<ul style="list-style-type: none">• Social care settings e.g., studies based solely in care homes
Population- intervention targeting prescribing for-	<ul style="list-style-type: none">• General patient populations• Specific patient populations (e.g., renal, paediatrics)• General and specific drug groups	<ul style="list-style-type: none">• Studies solely reporting on social care settings such as care home residents
Population- studies assessing interventions targeting prescribers and the wider multi-disciplinary team and patient	<ul style="list-style-type: none">• Prescribing healthcare professionals including doctors and non-medical prescribers• Non-prescribing healthcare professionals• Patients and carers/family	

eTable 5 - Summary of studies (Legend – EPOC – Effective Practice and Organisation of Care)

First Author, Date, Country	Intervention grouping	Intervention - brief description	Setting	Study Design	Cochrane EPOC taxonomy classification of intervention and implementation strategies	Main outcome measures	Main results	MMAT quality rating
Quantitative randomised controlled trials								
Meeker, 2016, USA (40)	Indication documentation +/- use of suggestive alternatives in the form of order sentences	Behaviour interventions to reduce unnecessary antibiotic use - Suggested alternatives, Accountable justification (and peer comparison).	Primary care – multiple primary care clinics	Cluster randomised controlled trial	Health information systems, audit and feedback	Appropriateness - Antibiotic prescribing rates	Mean antibiotic prescribing rates (for anti- biotic inappropriate respiratory tract infections) – Control group- 11% absolute decrease. Suggested alternatives intervention – 16% absolute decrease. Accountable justification intervention – 18.1% absolute decrease. Peer comparison intervention – 16.3% absolute decrease. There was no statistically significant interaction between the interventions.	80%
Garabedian, 2019, USA (20)	Indication- based order sentences	Indication-based prescribing prototype with patient-specific list of drug choices.	Prototype for outpatient setting	Randomised controlled trial	Health information systems	Error rates Time to complete order System usability scores -	Error rates were 5.5% with the prototype compared with 29.7% with a vendor system. Time to complete a medication order using the prototype was 1.78 minutes, compared with 3.37 minutes with vendor 1 and 2.93 minutes with vendor 2. Ease of completing the task was easier with the prototype compared to both vendor 1 and 2. System usability score for the prototype only (nil comparison with vendor 1 and 2) was found to have a mean of 89.7 across all participants.	80%
Quantitative non-randomised studies								
Herzig, 2015, USA (39)	Indication documentation	Indication selection for acid-suppressive medication (ASM) that triggered an alert and guidance to the prescriber to select appropriate indication or to cancel order.	Secondary care – teaching hospital	Interrupted time series analysis	Health information systems	Appropriateness- The rate of ASM use for “stress ulcer prophylaxis” outside of ICU (inappropriate prescribing)	There was a reduction in the odds of receiving an inappropriate order to 0.36 at East Campus, and 0.41 at West Campus, plus a change in trend compared to baseline, daily decrease in odds of receiving inappropriate order 1.5% at East campus and 0.9% at West Campus.	100%

First Author, Date, Country	Intervention grouping	Intervention - brief description	Setting	Study Design	Cochrane EPOC taxonomy classification of intervention and implementation strategies	Main outcome measures	Main results	MMAT quality rating
						Rates of ASM use (outside of ICU), overall and at discharge	There was a non-significant reduction in overall rates of use and use on discharge was unchanged.	
Vercheval, 2016, Belgium (31)	Indication documentation	Policy - mandatory inclusion of indication to start or continue antibiotics and duration or review date. (along with bundle of other interventions).	Secondary care – teaching hospital	Interrupted time series	Health information systems, educational meetings, educational materials, education outreach visits	<p>Rate of documentation for indication, antibiotic documentation, and duration of therapy</p> <p>Occurrence of in-hospital death</p> <p>Length of stay</p> <p>Compliance with policy- Quality of info recorded by ID physicians (completeness)</p> <p>Overall usage of 4 antibiotics</p>	<p>Indication documentation mean percentage increased from 83.4% to 90.3%, average percentage antibiotics documented increased from 87.9% to 95.6%, duration of therapy/review increased from 31.9% to 67.7%.</p> <p>Mortality rate remained comparable.</p> <p>Length of stay reduced from 7 to 6 days.</p> <p>Quality of ID consultation documentation completeness increased from 70.7% to 90.7%.</p> <p>The use of the four broad-spectrum antibiotics (meropenem, piperacillin/tazobactam, cefepime, imipenem) was not influenced by the intervention.</p>	100%
Richards, 2003, Australia (35)	Indication documentation	Web-based antimicrobials approval system, requiring prescriber to select antimicrobial and indication, which then provides the prescriber with an approval number.	Tertiary care- hospital	Uncontrolled before and after study	Health information systems, educational meetings, tailored intervention - physical removal of cefotaxime and ceftriaxone from certain departments	<p>Gross use of cephalosporins ceftriaxone and cefotaxime (CEFX)</p> <p>Gross use of alternative antibiotics</p> <p>Compliance with policy – proportion of patients treated empirically with CEFX for an respiratory tract infection without an abnormality on chest xray.</p>	<p>Monthly CEFX use on the wards fell from a mean 38.8DDDs/1000 bed days to 17.6 DDDs/1000 bed days. This was sustained over 15months post intervention period.</p> <p>Other broad spectrum antibiotic use remained the same, however gentamicin and benzylpenicillin use increased significantly.</p> <p>Proportion of patients treated empirically with CEFX for an respiratory tract infection without an abnormality on chest xray reduced from 50% to 27%.</p>	80%

First Author, Date, Country	Intervention grouping	Intervention - brief description	Setting	Study Design	Cochrane EPOC taxonomy classification of intervention and implementation strategies	Main outcome measures	Main results	MMAT quality rating
Lee, 2008, USA (44)	Indication- based order sentences	Structured insulin order sets, initially paper then onto CPOE. Mandatory for anything but one-time insulin order.	Tertiary care- teaching hospital	Uncontrolled before and after study	Health information systems	Glycaemic control rates Percentage of hypoglycaemic days Percentage of severe hypoglycaemic days and risk of hypoglycaemic patient stay	Regimes including basal insulin improved from 25-29% to 71% across the 3 study periods. Percentage of hypoglycaemic days reduced from 3.68% to 2.59%. Percentage of severe hypoglycaemic days and relative risk of a hypoglycaemic stay reduced from 0.7% to 0.48%.	60%
Warholak, 2014, USA (43)	Indication documentation	Prescribers asked to provide patient's diagnosis or indication for use as free text in the notes sections of the e- prescription.	Primary care – multiple primary care clinics	Uncontrolled before and after study	Health information systems, educational meetings	Incidence and types of potential drug therapy problems identified	The incidence of problems requiring intervention was 3.9% in the pre- implementation phase and reduced to 1% in the post-intervention phase. Types of problems requiring pharmacist intervention were- Potential drug–drug interaction, missing information, therapeutic duplication, and excessive dose were the most frequent reasons for interventions in the pre- diagnosis period. Post intervention the most common pharmacist intervention reasons were similar except that excessive dose did not rank among the top three.	100%
Metcalfe, 2017, Australia (30)	Indication documentation	Approval on antimicrobials via a mandatory indication field.	Secondary care – teaching hospital	Uncontrolled before and after study	Health information systems, audit and feedback, educational meetings	Surveillance rate Rate of approvals Compliance with policy – indication documentation	Across the 3 study periods - Surveillance rates – improved from 10.5%, to 65%, to 100%. Approval rate improved – number of prescriptions without approval reduced from 179/200, to 70/200 to 0/200. Indication documentation improved from 10% to 56.5% to 76.5%.	100%

First Author, Date, Country	Intervention grouping	Intervention - brief description	Setting	Study Design	Cochrane EPOC taxonomy classification of intervention and implementation strategies	Main outcome measures	Main results	MMAT quality rating
Nomura, 2018, USA (42)	Indication documentation	Incorporation of a provide-selected order indication field with a list of selectable indications for commonly prescribed antimicrobials. Or free-text indication documentation.	Tertiary care – paediatric teaching hospital	Uncontrolled before and after study	Health information systems and concurrent educational meetings (not specifically related to the eP-based intervention)	Appropriateness – percentage of inappropriate orders when compared with the chart reviewed indication Number of inappropriate orders reaching the patient	Inappropriate final orders significantly reduced in the post intervention period from 11.1% to 6.3%. However, when including orders with a an inconsistent or partially inconsistent provider selected indication, there was a non- significant reduction in the number of inappropriate final orders (11.1% to 6.9%). A total of 84 inappropriate orders (12%) reached the patient in the pre intervention group and 43 orders (9.3% in the post intervention group (p= 0.15)	80%
Goss, 2020, USA (18)	Indication-based order sentences	Indication-based prescribing, selection of an antibiotic based on the diagnosis they enter, which then provided as pre-populated order form	Tertiary care-teaching hospital	Uncontrolled before and after study	Health information systems, educational meeting	Compliance with policy	Selection of a guideline approved antibiotic improved from 67.1% to 72.2%. Minimal improvement noted in selection of appropriate duration of therapy from 24.7% to 31.4%.	80%
Scardina, 2020, USA (33)	Indication documentation	Addition of indication options (or free-text indication) for Ceftriaxone and Vancomycin orders.	Tertiary care – paediatric hospital	Uncontrolled before and after study	At time of eP based system under evaluation - Health information systems, educational meetings	Accuracy Time to administer antibiotics	Nil pre intervention comparison data for accuracy. In the post-intervention period, indication documentation matched the clinical record 41% of the time for ceftriaxone and 46% for vancomycin. The median time to administer ceftriaxone decreased in the post intervention period. There was no significant change in the time to administer vancomycin.	80%
May, 2021, USA (45)	Indication-based order sentences	Azithromycin order panel with guidance and alternative suggestions	Primary care clinics	Uncontrolled before and after study	Health information systems	Appropriateness (percentage of inappropriate prescriptions) Patients requiring additional antibiotics within 30 days Return visits	Overall inappropriate prescriptions of azithromycin reduced by 12.6%, However composite outcomes show a slight increase in prescriptions with inappropriate dose and durations. There was no statistically significant change in the number of patients requiring additional antibiotics within 30 days or return visits.	100%

First Author, Date, Country	Intervention grouping	Intervention - brief description	Setting	Study Design	Cochrane EPOC taxonomy classification of intervention and implementation strategies	Main outcome measures	Main results	MMAT quality rating
Timmons, 2018, USA (38)	Indication documentation	The use of drug-specific lists of appropriate indications using institutional guidelines and asked providers to choose an indication at the time of ordering. Or to select other.	Secondary care – teaching hospital	Cross-sectional analytic study	Health information systems	Accuracy (indication matching patient diagnosis) Appropriateness Characteristics of the use of ‘other’ indication	Matching rates were worse when selecting an indication from a list with a matching percentage of 70.3% compared with 90.4% when selecting ‘other’ and adding a free text indication. Appropriateness was improved with the selection of an indication from a list (94.5%) compared to selecting ‘other’ 74.6%). Prescribers chose ‘other’ with a free-text indication for 41% of the orders, with a large number being for fluroquinolone orders for respiratory ailments which were not considered appropriate at this institution.	100%
Stultz, 2019, USA (47)	Indication-based order sentences	Use of order sentences for providing meningitis dosing support	Tertiary care – paediatric teaching hospital	Cross-sectional analytic study	Health information systems	Dosing error rate Other outcomes not relevant to this SR, (regarding sensitivity and specificity of alerts)	There were significantly lower dosing error rates when the antimicrobial was ordered using a meningitis order sentence (19.8%) compared to without (43.2%).	100%
Mixed methods studies								
Baysari, 2017, Australia (16)	Indication-based order sentences	Pre-written orders incorporating authorised indications	Secondary care – teaching hospital	Controlled before and after study + Qualitative interviews	Health information systems, educational meetings, educational materials	Accuracy of indication Appropriateness (national level) Compliance with policy (hospital level) Participant feedback	No statistically significant change for any primary outcome measures. Sub-analysis showed an increase in negative impact on medications with as the number of possible indications increased. Participant feedback - The qualitative interviews “identified five main factors that contributed to inaccurate documentation of indications in the CPOE, non-compliance to hospital policy and inappropriate antimicrobial use.” The 5 themes are – Dose and frequency took priority over indication; long lists of pre-written orders facilitated errors in selection; lack of monitoring of indications entered into the CPOE system; antimicrobial approval process was time consuming and poorly integrated; pressure	100%

First Author, Date, Country	Intervention grouping	Intervention - brief description	Setting	Study Design	Cochrane EPOC taxonomy classification of intervention and implementation strategies	Main outcome measures	Main results	MMAT quality rating
							from senior doctors to prescribe without obtaining approval.	
Ho, 2020, USA (46)	Indication-based order sentences	Implementation of a clinical indication library (CIL) into the prescribing process.	Tertiary hospital	Uncontrolled before and after study + quantitative participant survey and focus group	Health information systems, educational meetings	Operational outcomes – indication documentation prevalence Humanistic outcomes- Prescriber and pharmacist views of indication documentation Patient views of indication documentation on prescriptions and medicine labels	The proportion of orders with a prepopulated indication increased from 29.8% to 72.3%. After further integration of the intervention into the prescribing workflow, indication documentation for all prescriptions increased to 96%. Perceived time spent on indications decreased, understanding of patient profile, conditions improved and better able to reconcile and deprescribe patient medicines. Perceived increased ability to catch wrong medication and dose errors. Indications allowed participants to better understand what their medicines were and why it's important to take them and how they worked. It was useful or very helpful to be included on medicines labels.	20%
Shemilt, 2019, England (32)	Indication documentation +/- use of indication-based order sentences	Inclusion of indication at time of prescribing for antibiotic therapy and PRN medications.	Secondary care – 2 x district general hospitals, 1 x teaching hospital	Semi-structured interviews and focus groups Quantitative descriptive chart review between 3 sites with different prescribing systems	Health information systems	Executive perspectives (chief pharmacists) on the use of clinical indications within the prescription chart design. Multidisciplinary team opinions and experiences of indication documentation Clarity and accuracy of indication	Triangulation of the chart reviews and qualitative research led to development of 5 themes – clinical workflow, practicality, accuracy, regulation and patient safety. Many practical difficulties highlighted including long drop-down lists make selection difficult, impracticality of listing indication for all medications, differences in EPMA systems. However, facilitating factors also described including improved communication between team members, use at time of patient transfer. Indication documentation prevalence was highest in hospital A due to use of a mandatory indication field, however	100%

First Author, Date, Country	Intervention grouping	Intervention - brief description	Setting	Study Design	Cochrane EPOC taxonomy classification of intervention and implementation strategies	Main outcome measures	Main results	MMAT quality rating
							accuracy was greater in hospital B for PRN medications which may be due to auto population of indication in an order set.	
Beardsley, 2020, USA (36)	Indication documentation	Indication required for antibiotics in three step process. 1st whether prophylaxis, empiric therapy, and definitive therapy. 2nd which organ system, 3rd which infection.	Secondary care – teaching hospital	Quantitative descriptive study with quantitative & free text participant survey	Health information systems	<p>Accuracy</p> <p>Correlation of entered indication and final diagnosis for empiric antibiotic orders</p> <p>Prescriber perceptions of the requirement to document indication when prescribing antibiotics.</p>	<p>Accuracy of entered indications for all prescriptions was 89%.</p> <p>The agreement of the indication documented and the final diagnosis for empiric antibiotic orders was 78.5%.</p> <p>Regarding the perceived burden of entering an indication, most participants replied that it required an extra 1-10 or 11-20 seconds and that it was a minor nuisance or occasionally burdensome. 29 of 60 prescribers answered that indication documentation rarely prompted reflection on antibiotic choice. Free-text responses provided suggestions on how to improve the process of indication documentation, with either specific indications to add to the option list, or to have a free-text indication box instead of selection list. 21 gave negative comments relating to the additional time and/or lack of perceived benefit. 6 responses provided support for the intervention.</p>	20%
Qualitative studies								
Garada, 2017, Australia (37)	Indication documentation	Documenting indication on prescriptions and dispensed medicines labels.	Secondary care – hospital and private	Qualitative interviews	Health information systems	Exploration of participants (prescribers, pharmacist and consumers) views on indication documentation on medication labels, indication wording and potential safety benefits	<p>Key points for each theme- <i>Potential benefits</i> – useful, reminder, management in emergency situations, encourage health checks, helps when medicine has multiple indications, helpful for carers.</p> <p><i>Describing the indication</i> – medical terminology may make consumer take condition more seriously, treatment specificity preferred for anti-infectives.</p>	100%

First Author, Date, Country	Intervention grouping	Intervention - brief description	Setting	Study Design	Cochrane EPOC taxonomy classification of intervention and implementation strategies	Main outcome measures	Main results	MMAT quality rating
							<p><i>Potential safety benefits</i> – reduced confusion with brand names, reduce errors, helps match dose to indication.</p> <p><i>Potential limitations</i>- privacy concerns, overcrowding on the label, prescriber difficulty defining and clarifying indication.</p>	
Baysari, 2019, Australia (34)	Indication documentation	Mandatory indication on eP systems.	Secondary care – teaching hospital	Qualitative interviews	Health information systems	Interview questions focused on the current process for indication documentation and gaining approval for antimicrobials	6 Main themes described under 3 headings – Main benefits- Improved communication and prompts prescriber to review medications. Practical difficulties – Not all indications are known and extra time and effort for prescribers. Risks – Workarounds and poor information quality.	100%
Quantitative descriptive studies								
Gong, 2016, USA (41)	Indication documentation +/- use of suggestive alternatives in the form of order sentences	Behaviour interventions to reduce unnecessary antibiotic use - Suggested alternatives, Accountable justification (peer comparison and pay-for-performance incentives).	Primary care – multiple primary care clinics	Quantitative descriptive participant survey – discrete choice experiment	Health information systems	<p>Discrete choice experience of 5 intervention combinations – Suggested alternatives, accountable justification, peer comparison, pay for performance or additional appointment time.</p> <p>Willingness to pay calculation for each intervention</p> <p>Results compared with results from Meeker et al, 2016 (69).</p>	<p>Regardless of the interventions participants were exposed to in the previous study (69), prescribers preferred the suggested alternative intervention, followed by peer comparison and then justifiable accountability.</p> <p>Willingness to pay estimated indicated that each intervention would be cheaper than using a pay-for-performance incentive of \$200/month.</p> <p>Authors concluded that although peer comparison and justifiable accountability were the most effective interventions in the previous trial, stated preferences of prescribers differed and therefore relying only on user feedback may have rules out use of an effective intervention.</p>	100%

eTable 6 – Quality appraisal scores using the Mixed Methods Appraisal Tool, 2018 (22,23) Presented in order of MMAT quality score

First author and year of publication	Study design	Screening Questions		Qualitative studies					Quantitative randomised controlled trials					Quantitative non-randomised studies					Quantitative descriptive studies					Mixed methods studies					Final score
		S1	S2	1.1	1.2	1.3	1.4	1.5	2.1	2.2	2.3	2.4	2.5	3.1	3.2	3.3	3.4	3.5	4.1	4.2	4.3	4.4	4.5	5.1	5.2	5.3	5.4	5.5	
Baysari, 2019 (34)	Qual interviews	1	1	1	1	1	1	1																					100%
Garada, 2017 (37)	Qual interviews	1	1	1	1	1	1	1																					100%
Garabedian, 2019 (20)	RCT	1	1						?	1	1	1	1																80%
Meeker, 2016 (40)	Cluster RCT	1	1						1	1	1	?	1																80%
Herzig, 2015 (39)	Interrupted time series	1	1											1	1	1	1	1											100%
Metcalfe, 2017 (30)	UBA	1	1											1	1	1	1	1											100%
Stultz, 2019 (47)	Cross-sectional analytic study	1	1											1	1	1	1	1											100%
Timmons, 2018 (38)	Cross-sectional analytic study	1	1											1	1	1	1	1											100%
Warholak, 2014 (43)	UBA	1	1											1	1	1	1	1											100%
Vercheval, 2016 (31)	Interrupted time series	1	1											1	1	1	1	1											100%
May, 2021 (45)	UBA	1	1											1	1	1	1	1											100%
Goss, 2020 (18)	UBA	1	1											1	1	1	0	1											80%
Nomura, 2018 (42)	UBA	1	1											1	1	1	0	1											80%
Richards, 2003 (35)	UBA	1	1											?	1	1	1	1											80%
Scardina, 2020 (33)	UBA	1	1											1	1	?	1	1											80%
Lee, 2008 (44)	UBA	1	1											1	1	1	0	0											60%
Gong, 2016 (41)	Quant descriptive, participant survey	1	1																1	1	1	1	1						100%
Baysari, 2017 (11)	MM -CBA and qual. interviews	1	1	1	1	1	1	1						1	1	1	1	1						1	1	1	1	1	100%
Shemilt, 2019 (32)	MM- Quant descriptive and qual survey	1	1	1	1	1	1	1											1	1	1	1	1	1	1	1	1	1	100%
Ho, 2020 (46)	MM, UBA and quant participant survey	1	1											1	1	?	1	1	?	?	1	?	1	1	?	1	1	0	20%
Beardsley, 2020 (36)	MM- Quant descriptive and qual. survey	1	1	1	0	0	0	0											1	1	1	?	1	1	0	0	1	0	20%

Table legend, Qual = Qualitative, UBA = Uncontrolled before and after study, Quant = quantitative, RCT = Randomised controlled trial
 1 = Yes, 0 = No, ? Cant tell

MMAT Questions for Methodological quality criteria**Screening Questions for all types of study design**

S1. Are there clear research questions?

S2. Do the collected data allow to address the research questions?

Questions per Category of study design**1. Qualitative**

1.1 Is the qualitative approach appropriate to the research question?

1.2 Are the qualitative data collection methods adequate to answer the research question?

1.3 Are the findings adequately derived from the data?

1.4 Is the interpretation of results sufficiently substantiated by data?

1.5 Is there coherence between qualitative data sources, collection, analysis and interpretation?

2. Quantitative randomised controlled trials

2.1 Is randomization appropriately performed?

2.2 Are the groups comparable at baseline?

2.3 Are there complete outcome data?

2.4 Are outcome assessors blinded to the intervention provided?

2.5 Did the participants adhere to the assigned intervention?

3. Quantitative non-randomised

3.1 Are the participants representative of the target population?

3.2 Are measurements appropriate regarding both the outcome and intervention (or exposure)?

3.3 Are there complete outcome data?

3.4 Are the confounders accounted for in the design and analysis?

3.5 During the study period, is the intervention administered (or exposure occurred) as intended?

4. Quantitative descriptive

4.1 Is the sampling strategy relevant to address the research question?

4.2 Is the sample representative of the target population?

4.3 Are the measurements appropriate?

4.4 Is the risk of nonresponse bias low?

4.5 Is the statistical analysis appropriate to answer the research question?

5. Mixed methods

5.1 Is there an adequate rationale for using a mixed methods design to address the research question?

5.2 Are the different components of the study effectively integrated to answer the research question?

5.3 Are the outputs of the integration of qualitative and quantitative components adequately interpreted?

5.4 Are divergences and inconsistencies between quantitative and qualitative results adequately addressed?

5.5. Do the different components of the study adhere to the quality criteria of each tradition of the methods involved?

Supplementary Figure 1 Synthesis process mapped against the Narrative synthesis framework

