Abstract

Objective—to review the literature on the benefits and disadvantages of clinical and medical audit, and to assess the main facilitators and barriers to conducting the audit process.

Design—a comprehensive literature review was undertaken through a thorough review of Medline and CINAHL databases using the keywords of “audit”, “audit of audits”, and “evaluation of audits” and a handsearch of the indexes of relevant journals for key papers.

Results—findings from 93 publications were reviewed. These ranged from single case studies of individual audit projects through retrospective reviews of departmental audit programmes to studies of interface projects between primary and secondary care. The studies reviewed incorporated the experiences of a wide variety of clinicians, from medical consultants to professionals allied to medicine and from those involved in undisciplinary and multidisciplinary ventures. Perceived benefits of audit included improved communication among colleagues and other professional groups, improved patient care, increased professional satisfaction, and better administration. Some disadvantages of audit were perceived as diminished clinical ownership, fear of litigation, hierarchical and territorial suspicions, and professional isolation. The main barriers to clinical audit can be classified under five main headings. These are lack of resources, lack of expertise or advice in project design and analysis, problems between groups and group members, lack of an overall plan for audit, and organisational impediments. Key facilitating factors to audit were also identified: they included modern medical records systems, effective training, dedicated staff, protected time, structured programmes, and a shared dialogue between purchasers and providers.

Conclusions—clinical audit can be a valuable assistance to any programme which aims to improve the quality of health care and its delivery. Yet without a coherent strategy aimed at nurturing effective audits, valuable opportunities will be lost. Paying careful attention to the professional attitudes highlighted in this review may help audit to deliver on some of its promise.

Keywords: audit; attitudes; barriers; facilitating factors

Clinical audit is seen as one approach to improving the quality of patient care. Its development in the UK was linked to clinicians’ desire to improve medical care. It was thought that, by drawing attention to deficiencies in the delivery of care, this would curb inefficient and ineffective practice. Clinical audit was introduced throughout the UK NHS in 1990, but the introduction of audit in such a way was untested. Its introduction was based more on faith on what it might achieve (box 1). There was little evidence to suggest that there would be definite benefits that would justify the scale of the investment.

No agreement existed as to which audit methodologies were the most suitable approach and, not surprisingly, there was significant confusion among healthcare professionals about how to implement audit and integrate it effectively into clinical practice. There has been a demand for audit programmes to be better evaluated and to be more accountable. Concerns about the effectiveness of clinical quality improvement activities are not confined to the UK and have been expressed elsewhere in the world—most notably in the United States.

Despite this lack of objective evidence supporting its value, the need for high quality audit has been given fresh impetus through the advent of clinical governance. The term clinical governance has been recently introduced into the UK NHS to indicate integration of clinical quality improvement with organisational and service performance at all levels. Clinical quality will now be integrated with financial control and service performance at all levels if organisations providing health care are to be managed well. Hospital chief executives will be personally responsible for the clinical performance of their services. The centrality of clinical audit in this process is therefore reaffirmed. Clinical audit is now rooted in professional practice within the UK NHS and will be an important aspect of clinical governance. Clinical audit will be central to this process. Indeed, recommendations to facilitate the dissimulation of the concepts of clinical governance into everyday practice seem to reiterate those already advocated for audit. Moreover, it could be argued that audit is one of the few mechanisms with common elements equally applicable to clinical decision making and to organisational efficiency. This suggests that, for clinical governance to achieve the aims of continuous quality improvement, more attention needs to be paid to clinicians’ views about audit and to those factors which have been shown both to allow audit to develop and...
The official development of audit in Britain
1989: white paper, Working for Patients, introduces medical audit. Funding only for doctors
DEFINITIONS OF AUDIT
"the systematic, critical analysis of the quality of medical care, including the procedures used for diagnosis and treatment, the use of resources, and the resulting outcome and quality of life for the patient"
Or "Audit is the process of reviewing the delivery of care to identify deficiencies so that they may be remedied"
1989: area medical audit committees set up as a result of NHS circular 1989 (Gen) 29 to health board general managers
1990: medical audit extended to nurses in response to NHS circular 1990 (Gen) 37 to health board general managers. Setting up of nursing audit committees with funding to be made available from 1991.
Committees followed for dentistry and pharmacy.
1993: clinical audit introduced. In response to NHS circular MEL (1993) 34, area audit committees established to establish audit and agree funding in conjunction with purchasers (boards) and providers (hospitals). All clinicians to be involved.
1997: white paper, The New NHS. Clinical audit given fresh impetus with the introduction of clinical governance
1999: foundation of National Institute of Clinical Excellence and development of National Service Frameworks which provide national standards against which local practice can be assessed
Box 1 Government approaches to quality improvement those that have been shown to impede its progress.
This article presents a review of the literature evaluating clinical audit. The number of papers reflects the now considerable range of clinical audit activity being undertaken among healthcare professionals. The variety and scope of studies illustrates the gradual evolution of audit from being a specialised activity exclusive only to doctors to one which is much more widespread, encompassing every discipline and every grade. Yet, findings also suggest that the depth of involvement across health care is still uneven—significant activity is still largely confined to enthusiasts.

Aim
This article seeks to use a comprehensive review of the literature to (a) identify the main advantages and disadvantages of audit and (b) assess the barriers and facilitating factors which either impede or promote successful audit. Much of the literature is from UK studies, although studies from other countries have been included when these provide additional insights. The aim was to determine what recommendations could be made to make clinical audit more effective.

Methods
A search was conducted of Medline and CINAHL databases for the years 1992-7 using the keywords of “audit”, “audit of audits”, and “evaluation of audits”. Papers which addressed empirical evidence from studies of clinicians’ views, and also theoretical discussions, were retrieved and included in this study. The indexes of the BMJ, the Lancet, British Journal of General Practice, Medical Audit News, Quality in Health Care, Audit Trends, and Medical Education were also handsearched for key articles. Each article was carefully read by one of the authors (GJ) and its key findings were identified. The findings were organised into coherent themes using a traditional narrative review approach. This process used a largely qualitative approach and its aim was to identify common elements in the literature which, when integrated, would lead to a greater understanding of the salient issues surrounding clinicians’ experiences of undertaking audit.
Key points from each article were collected and classified into broad categories. These categories were then discussed with the remaining authors and refined and synthesised into major themes. No attempt was made to evaluate methodologies or data from the studies retrieved due to their largely disparate and discursive nature. Classification of the main findings is shown in the appendix.
Although this is a comprehensive review the findings are presented in summary form illustrating all the key points which were identified.

Results
A total of 93 articles were identified. These included discussion papers, government publications, and some papers relating to the same study (appendix). A full bibliography is available from the authors. Studies ranged from single case studies of individual audit projects through retrospective review of departmental audit programmes to studies of interface projects between primary and secondary care. They incorporated the views from a wide variety of clinicians from medical consultants to professionals allied to medicine and from those involved in unidisciplinary and multidisciplinary ventures. The literature review identified 4 main themes:
- Importance of clinicians’ perceptions of the benefits of audit
- Importance of clinicians’ perceptions of the disadvantages of audit
- Barriers which block its success
- Facilitating factors which promote its success.
HEALTH PROFESSIONALS’ ATTITUDES: BENEFITS OF AUDIT
The perceived benefits of audit can be conveniently discussed under the headings of professional benefits, improvements in patient care, and the quality of service provided.

Professional benefits
Several studies have reported that clinicians have felt they had benefited from audit through improvements in communication between professional groups and increased professional satisfaction and knowledge. A participatory observational study of a series of audits of the management of six conditions was conducted in one group practice to understand the factors facilitating change. The study showed the importance of acknowledging the attitudes of those whose behaviour was being audited and modifying the audit process to accommodate them. Changes in prescribing behaviour were attributed to the fact that doctors were able to control the audit process using their own values and attitudes and that being able to compare one’s own practice with that of immediate colleagues and outside authorities provided a powerful impetus to changing behaviour. In addition, audit was seen to promote communication between partners and as a stimulus to learn from colleagues’ behaviour.

These additional benefits from audit can increase staff enthusiasm. A pilot study of audit in four professions allied to medicine showed that although there were some constraints to its development there was no evidence of a negative or defeatist attitude to audit.

Patient care and service delivery
Benefits to patient care and service delivery have been commonly identified in audit studies. A postal survey to explore the attitudes of general practitioners to audit found that 68% (n=144) of respondents had had experience of audit and 34% (n=72) claimed to have benefited from it. Only 28% reported changes as a result of medical audit, nearly half of which were doctor centred and a quarter patient centred. The patient centred benefits were improvements in patient care, improved patient satisfaction, and better patient feedback. Doctor centred benefits included increased knowledge, satisfaction, performance, and teamwork. Overall, however, attitudes to audit were largely positive and were related to audit experience; the more audit experience the more positive the attitude.

HEALTH PROFESSIONALS’ ATTITUDES: DISADVANTAGES OF AUDIT
Support for audit has not been universal and even those enthusiastic about audit have recognised certain downsides. Sellu has suggested that a key reason why audit has flourished is that doctors have not been convinced that it improves quality. Perceived disadvantages of audit are diminished clinical ownership, fear of litigation, hierarchical and territorial suspicions, and professional isolation.

Increased workload
Many studies report that clinicians feel that audit detracts from clinical work at the expense of patient care, and that collaboration on large projects leads to a reduction and de-skilling of practice based activity. Consequently, some feel that audit is a waste of time and effort, and that resources would be better spent on patient care. Others think it is irrelevant and not part of their job. Comments from individual clinicians have described audit as an uninspiring but necessary chore, and “worthy, high minded, useless”, or a “fateful flower and with every new blossom it becomes more and more remote from real practice.”

Restriction of clinical freedom
The nature of audit, with its primary aim of improving the quality of care, has important implications for professional conduct. Professional threat
It is apparent that while some clinicians are merely unconvinced, others are decidedly hostile to audit. Two large studies of doctors’ perceptions of audit have described its negative impact. Negative attitudes are associated with suspicion about its motives, fears of intimidation, and ridicule; beliefs that it caused discord among professionals; and a feeling that it was being used as a government ploy to discipline doctors and stifle individuality. Junior doctors in particular saw it in a less positive light than their seniors and described it as threatening, blame apportioning, and a means of professional witch hunting. Junior doctors have also reported feeling unfairly criticised and alienated while they felt that consultants were not audited rigorously enough. Many have felt discouraged by the lack of support, direction, and feedback from seniors. These feelings are exacerbated by short term contracts and an inability to see projects to fruition. Ironically, consultants have also identified a lack of motivation among junior
colleagues as important in the failure to achieve meaningful surgical audit. 18

These negative attitudes are not confined to doctors. They are also perceived by other clinicians as well as dedicated support staff. 14 A study of constraints on the progress of audit experienced by physiotherapists, occupational therapists, speech and language therapists, and clinical psychologists 29 found that junior therapists in particular felt that audit projects about record keeping were a means of checking up on them. In addition, some feared that the results of audit would lead to a reorganisation of the service and a reduction of their autonomy and even threatened job loss. Important differences in attitude to audit have also been found among different staff groups. 56

BARRIERS TO SUCCESSFUL AUDIT

Achieving successful audit is not without its difficulties. Given the disparate and divergent views held about audit it is not surprising that there are many perceived barriers to implementing it. In a study of medical audit activity in West Scotland, Kinn and Smith reported a rule of diminishing returns where just half of those involved in audit had completed a project and only half again had repeated a project. 43 Programme of evaluative projects to review the progress of audit was commissioned by the Department of Health in 1993. Its purpose was to assess the development of audit and its impact on the quality of care, involving a series of interlinked projects each directed at different areas of the medical audit programme in the hospital and community health services in England. 48 These have shown that the lack of sound methodology used in audit projects resulted in large variations in the approaches taken to audit. Some critics have argued that, to date, audit has led to “spectacularly” few obvious benefits to patients. 49

The main barriers to clinical audit can be largely classified under five main headings, following the findings proposed by Robinson: 50 a lack of resources, lack of expertise or advice in project design and analysis, relationships between groups and group members, lack of an overall plan for audit, and organisational impediments.

Lack of resources

Numerous studies have described clinicians’ common problems about lack of time and dedicated staff 51 52 and inadequate financial and practical resources. 46 A national study by the National Audit Office for Scotland 53 found that the major problem which clinicians described was the lack of time to do audit and the resulting conflict between the immediate demands of treating patients and the longer term benefits of audit. Audit facilitators were found to be successful but scarce, so health professionals’ time was used inappropriately for tasks which did not use their professional skills. Problems also arose when there was a lack of good quality information systems and information specialists to help clinicians. In addition, there were perceived problems with the financial management of audit funds nationally as well as uncertainty over funding arrangements at a local level. The availability of large amounts of audit funds has also meant that money has sometimes been misappropriated, buying overly complex equipment which staff are not trained to manage. 57

Lack of expertise in project design and analysis

Many studies have reported the obstacles imposed by a lack of expertise in audit methods. These relate to poor design, 54 problems with standard setting, 55 inappropriate and haphazard data collection, 56 a shortage of good audit tools, 51 inadequate funding and inappropriate audit methods, 54 the lack of expertise and knowledge in the subject and a worry about how to make it interesting. 68 A national survey of 382 audit support staff who had registered with an information service found that the majority were women and employed at ancillary and clerical levels. 54 Seventy one per cent had received training in the basics of audit but 29% had had no training. The mean length of training was three days. Nearly half of all respondents felt that their training was inadequate or barely adequate. The study also found that audit support staff often felt devalued by medical staff and forced into a delegated role. They therefore found it difficult to take the lead and influence the design of projects and felt they were perceived as glorified secretaries and report writers. On the other hand it has been found that successful audit programmes were those whose leaders had thought carefully about the range of skills the service needed, recognised that the duties of audit staff were not merely clerical, gave training when required, and treated them as valued members of the team. 51

Lack of an overall plan for audit

The lack of an overall plan for many audit programmes is reflected in the wide variations in the way audit projects are undertaken and a lack of common vision about their goals and purposes. 53 55 56 As a result, their success is often dependent on one enthusiastic leader holding everything together. 56 However, it also means that well resourced projects can fail to make an impact because of poor links with
Effective clinical audit

management, or that projects fail to be completed because support in terms of time and funding have been badly underestimated by participants. This means that although some resources are available to support projects, others equally necessary for their completion are missing.

**Relationship problems**

Dysfunctional group membership or ineffective group dynamics can also impede the success of audit. Poor relations between and within groups resulting from lack of commitment, a failure to include those being audited, changes in leadership, conflict between staff, concerns about confidentiality, lack of ownership, and a reluctance to change practice have all been found to influence the success of audit.

Studies of interface audit where groups comprise members from both primary and secondary care have also shown that the audit process can be affected by fluctuating membership of the group, lack of clearly defined group tasks, and different professional backgrounds causing mistrust, language barriers, and a lack of knowledge about each others’ roles. In addition, there are logistical problems of finding appropriate and mutually convenient places for meetings and in holding meetings, even when membership is undisciplinary, which are not frequently interrupted by telephones, bleeps, and members coming and going.

**Organisational impediments**

The absence of a supportive working relationship between clinicians and managers may also impose organisational barriers to audit and the implementation of findings. Studies have shown that there may be disparity between the views of clinicians and management, and a lack of clarity among clinicians about lines of authority and accountability. As a result, confusion and inertia often exist among clinicians about who should be responsible for making changes—feelings which increase when changes involve negotiation within the wider hospital.

A survey of managers and clinicians before the introduction of medical audit reported that although the two groups concurred about the potential advantages of audit, many had different opinions about its disadvantages. Seventy one per cent of clinicians thought that it would interfere with their clinical workload and 41% that it would consume resources better spent on patient care. Only one out of eight managers shared clinicians’ views, and they were less likely than clinicians to believe that audit would allow them to influence medical practice. Similarly, a study of managers, clinicians, and audit leaders found that while purchasers and providers shared common views on the purpose of clinical audit, there were important differences in their views on the level and appropriateness of involvement of healthcare purchasers.

There were also differences of opinion relating to the sharing of information in the outcomes of clinical audit and changes in behaviour, and in the way audit should be structured and integrated into present NHS processes.

A refusal by managers to make changes on the grounds of cost, and unclear directives from purchasing authorities, also serves to impede the potential of audit to change practice. In addition, large organisational changes such as hospitals merging or provider units becoming trusts have been shown to delay and disrupt audit activities.

**PROMOTING SUCCESSFUL AUDIT**

**Quantifying success**

Attempts to quantify the degree to which audit projects are successful based on the extent to which they complete the audit cycle have been facilitated by the development of classification systems. Several studies have surveyed audit activity using these systems to determine the degree of success of audit activity and the factors associated with it.

One large study of 169 general practitioner practices from which information was available reported that 26% had completed one full audit and 24% had not started audit. Using the Oxford classification system, mean scores were significantly higher with the presence of a practice manager, computerisation, organised notes, being a training practice, and being a partnership. In an earlier study of 80 general practices, 58% were classified as doing audit and of audits being undertaken, 54% included planning care or setting standards of care. However, a review of audits in an ophthalmology department showed that only one of 18 audits reviewed fulfilled the criteria required to qualify for a full audit.

These studies show that audits themselves can and should be monitored with the intention of improving the effectiveness of an audit programme. Paradoxically, they may also suggest that it is likely that those organisations most in need of evaluation and with most potential to improve patient care will be the least likely to establish successful audit programmes.

**Factors which promote success**

Despite many obstacles, evaluative studies of medical and clinical audit programmes have helped to define some of the factors which facilitate successful audit. These include the need for practical mechanisms to make data collection easier, including modern medical records systems and information technology and improved links between routine data collection and audit as well as dedicated staff; and protected time to release the burden on clinicians’ clinical workload. From a review of initiatives, Walsh and his colleagues at Caspe identified key factors which promoted the success of audit. These included a supportive organisational environment, sound leadership and direction of audit programmes, strategy and planning in audit programmes, resources and support for audit programmes, monitoring and reporting of audit activity, commitment and participation, and high levels of audit activity which by its nature and impact...
is seen by its participants to be involving and relevant. The extent to which any or all of these factors are present appears not only to affect whether audit actually takes place, but also determines the degree to which it is successful.

Studies of audit in general practice highlight the importance of information technology and support from colleagues in successful audit. A survey of 54 general practices in West Glamorgan assessed the development of electronic records systems and practice organisation and related this to audit activity. It found that practices with three or more partners and modern medical records systems were more likely to be involved in audit. Audit activity had occurred in 87% of practices with long term medication summaries and in 87% which kept clinical summaries and 85% of practices with age-sex registers. All training practices had undertaken audit compared with only 63% of non-training practices. Similarly, a Dutch study undertaken audit compared with only 63% of non-training practices. It was undertaken by committee. There is some justification for these views, but action is needed to overcome some of these difficulties. In part this will be achieved by fostering a supportive environment for audit. But it may also need staff training in interpersonal skills and in dealing with conflict. The aim should be to demonstrate to staff that the benefits of engaging in multiprofessional audit outweigh the disadvantages.

Emphasis audit facilitation

The key role of the audit facilitator needs greater recognition, and hospital audit committees should have an audit programme for facilitators to implement. Hospitals should assess whether additional audit support staff should be employed to provide hands on help and advice on the design of projects.

Audit facilitators need skills in study design, data collection, computing, and statistical analysis and these areas of expertise should be emphasised when appointing new staff. These training needs of facilitators should therefore be explicitly recognised and resources made available to second facilitators to appropriate courses.

Review staff training programmes

Many of the barriers to successful audit would be overcome by adequate training. The training should emphasise the importance of planning audit carefully and the benefits of conducting a pilot study. As with the audit facilitators, staff training is also needed to deal with conflicts between individuals and between professional groups.

Establish confidentiality of findings

One of the major concerns of staff is that audit may draw attention to deficiencies in care for which they may be held responsible. This legitimate concern should be addressed and mechanisms put in place to ensure confidentiality and to anonymise the findings.

Ensure all relevant staff are involved

One of the keys to successful audit is a strong sense of ownership of the study. If staff identify with a study they are much more likely to accept its findings and, where appropriate, implement change. Thus at the start of any project effort should be made to identify the staff groups who might be interested in the findings. Then a representative from each specialty could be invited to join the audit group.

Discussion

THE FUTURE OF AUDIT

This article has identified some of the benefits and some of the difficulties of the implementation of clinical audit and the practical and attitudinal barriers which prevent its progress. At the same time it has drawn attention to some of the main facilitating factors which can make audit work. Although the majority of studies reviewed were largely British and mainly descriptive, evidence from other countries suggests that they are nevertheless applicable to any healthcare programme which is aiming to improve the quality of care.

It is clear from this review that audit, and thus clinical governance, faces many obstacles. Furthermore, undertaking it at all requires much commitment and strength of purpose from clinicians. Already there appears to be the same confusion and ambivalence about the implications of clinical governance as there was with the introduction of audit.

The barriers which this review has identified need to be addressed systematically. Some of them have been in place for a long time. Without their solution, clinicians faced with growing and conflicting demands on their clinical workload will fail to prioritise audit and, gradually, attempts to incorporate it into their working day will cease. Without the mechanism of clinical audit it is clear that the concept of clinical governance will perish. Some of the key lessons from the studies published to date are highlighted below.

Foster an environment for audit

Recognition should come from a senior level that audit is a valued activity. The benefits to individuals of conducting audit should be more widely broadcast. Audit can augment both career and professional development. High quality audit will be impeded unless time is provided for audit and mechanisms to provide protected time for audit could be developed. Provision of protected time should be accompanied by a commitment from staff to produce a report and to act on the study findings.

Tackle the problems of multidisciplinary audit

Multidisciplinary audit can be seen as threatening (exposing one’s mistakes to others) and as time wasting and ineffective (designing a study by committee). There is some justification for these views, but action is needed to overcome some of these difficulties. In part this will be achieved by fostering a supportive environment for audit. But it may also need staff training in interpersonal skills and in dealing with conflict. The aim should be to demonstrate to staff that the benefits of engaging in multiprofessional audit outweigh the disadvantages.
Establish evaluation programmes

Evaluations of audit programmes such as those undertaken by CASPE need to continue with efforts being focused on the identification of factors at a local level which can promote successful audit. These will help to ensure that the most effective methods are channelled to the most appropriate places. Difficulties such as lack of time, expertise, support, and ineffective information technology systems do not seem insurmountable, but their solution requires more than lip service from those who expect clinicians to undertake audit. Commitment from managers, evidenced by the provision of a structured programme of support and training and the availability of resources to implement realistic changes, may help to persuade those who feel ambivalent and threatened by audit that it can be a useful way of improving the quality of patient care. Without such evidence committed clinicians will fail to sustain their enthusiasm for audit and the more sceptical will not be persuaded that audit is anything more than, at best, a waste of time a professional priority. Clinical audit at its best can be a valuable assistance in delivering such quality. Yet without a coherent strategy aimed at nurturing effective audits, valuable opportunities will be lost. It remains to be seen whether the new ideology of clinical governance can succeed in making audit an accepted and integral part of every clinicians’ role. To be effective, clinical governance should pay close attention to the lessons learnt from clinical audit.

Appendix:

Key findings from the studies uncovered during the literature search

<table>
<thead>
<tr>
<th>Paper</th>
<th>Subjects/setting</th>
<th>Advantages identified or perceived</th>
<th>Disadvantages highlighted</th>
<th>Alleged or perceived barriers to effective audit</th>
<th>Perceived or reported factors facilitating effective audit</th>
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<tbody>
<tr>
<td>Baker R, Robertson N, Farooqi A. Audit in general practice: factors influencing participation. BMJ 1995;311:31-4</td>
<td>Interview and questionnaire survey of 147 general practices invited to take part in a single topic audit</td>
<td>Improves care; Relevant; Valuable; Essential</td>
<td>Interferes with important work; Irrelevant</td>
<td>Lack of time and knowledge; Boring topic; Already audited topic; Lack of resources; Lack of staff; Topic not a priority; Problems among team; Changes in partnership; Ill health of partner; Previously undertaken an audit which implemented change.</td>
<td>Large practice; Partner who was college member; Discussion with colleagues; Positive attitude to audit; Age of partners; Advisory group; Training; Financial help; Administrative support.</td>
</tr>
<tr>
<td>Barton A, Spencer J. Differences in attitudes towards audit among specialties in the Northern Region. Medical Audit News 1994;4:78-9.</td>
<td>Questionnaire survey of 148 senior undergraduate clinical tutors in one university about their attitude to audit</td>
<td>Worthwhile; Likely to produce change; A way of improving quality; A core activity</td>
<td>A waste of time; A fad; Irrelevant to quality</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Black N, Thompson E. Obstacles to medical audit: British doctors speak. Soc Sci Med 1993;36:849-56.</td>
<td>Interviews with 28 consultants and 34 junior doctors in 4 district general hospitals</td>
<td>Good doctoring; Raises awareness and problems; Improves care; Improves clerical management</td>
<td>Suspicion about government’s motives; A means of disciplining doctors; Junior bashing; Thwarts individual patient care; Fear of conflict/ridicule; Inhibits criticism; Helps consultants to get papers</td>
<td>Clinical aspects of care too difficult to audit; Lack of peer support/conducive social environment; Lack of time; Lack of resources e.g. secretaries; Extra work for junior staff; Lack of knowledge and training in audit methods; Short contracts; Lack of organisation.</td>
<td>Introduction of audit officers and assistants.</td>
</tr>
<tr>
<td>Cooper A, French D. Illustrative examples of successful audit in General Practice. Audit Trends 1993;1:166-9.</td>
<td>A review of Maags newsletters and annual reports</td>
<td>Improvement in clinical care, practice management and preventive health Educational; Increased awareness; Improved communication; Increased teamwork</td>
<td></td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Chambers R, Bowyer S, Campbell I. Audit activity and quality of completed audit projects in primary care in Staffordshire. Quality in Health Care 1995:4:278-83.</td>
<td>189 General Practices-visit to study best audit project</td>
<td></td>
<td>Modifications made to tasks, people and technology.</td>
<td>Lack of resources to make changes; Uncertainty over how to proceed with changes.</td>
<td>Audit enthusiast in team; Practice manager; Greater use of computer; Organised notes; Being a training practice; Being a partnership.</td>
</tr>
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</table>

External reviewer; Experienced practice in audit; Good information systems; Good practice team work; Interested people; Staff time; Data ownership; Product champion; Linked to main business.
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<th>Perceived or reported factors facilitating effective audit</th>
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<tbody>
<tr>
<td>Davison K, Smith L.</td>
<td>Time spent by doctors on medical audit. Psychiatric Bulletin 1993;17:418-19.</td>
<td>Postal survey of 54 doctors working in psychiatric units managed by one trust</td>
<td>Worthwhile</td>
<td>Spending own time on audit related activities; Attendance at audit meetings at expense of other activities; Not worthwhile; Having to catch up with clinical work in own time</td>
<td>Lack of dedicated time; Lack of training</td>
</tr>
<tr>
<td>Eccles MP, Hunt J, Newton J.</td>
<td>A case study of an interface audit group. Audit Trends 1995;3:127-31.</td>
<td>Case study of one interface audit group using interviews with 12 members</td>
<td>Satisfaction at being part of an audit group; Learning experience to work with other disciplines</td>
<td>NA</td>
<td>Group too big; Fluctuating membership; Lack of clearly defined group task; Medical hierarchy impeded members who perceived themselves as junior; Different professional backgrounds; Language barriers; Different boundaries; Lack of knowledge of others' remit</td>
</tr>
<tr>
<td>Eccles MP, Deverill M., McColl E, Richardson H. A</td>
<td>A national survey of audit activity across the primary-secondary care interface. Quality in Health Care 1996;5:193-200.</td>
<td>A three phase national postal survey using a cascade sampling approach</td>
<td>Opportunity for discussion; Meeting colleagues from other disciplines; Meetings stimulated learning</td>
<td>Difficult to establish common goals; Decisions took longer; Group disagreements</td>
<td>Incompatible computer systems; Physical distance between group members</td>
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<tr>
<td>McColl E, Richardson H. A</td>
<td>A case study of one interface audit group. Audit Trends 1995;3:127-31.</td>
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<tr>
<td>Gabbay J, McNicol MC, Spiby J, Davies SC, Layton AJ.</td>
<td>What did audit achieve? Lessons from preliminary evaluation of a year's medical audit. BMJ 1990;301:526-9.</td>
<td>Monthly casenote review. Forty doctors in one district general hospital dealing with 140 sets of notes</td>
<td>Provided forum for discussion; Improved general communication about clinical matters between doctors; Improved casenotes; Changes to clinical policy; Development of minimum standards; Observation improved practice Initial improvements in notekeeping</td>
<td>Disaffection; Boredom; Junior doctors felt audit being done to them</td>
<td>Lack of feedback to junior doctors; Lack of reinforcement from senior colleagues</td>
</tr>
<tr>
<td>Grol R, Wensing M.</td>
<td>Implementation of quality assurance and medical audit: general practitioners' perceived obstacles and requirements. Br J Gen Pract 1995;45:548-52.</td>
<td>Interviews with 120 Dutch general practitioners</td>
<td>NA</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Hearnshaw HM, Baker RH, Robertson N.</td>
<td>Multi-disciplinary audit in primary health care teams: facilitation by audit support staff. Quality in Health Care 1994;3:164-8.</td>
<td>Case control study of an audit facilitator intervention in 8 general practices</td>
<td>Increased teamwork; Increased confidence in staff that standards were being met; Adoption of new skills in audit methods</td>
<td>NA</td>
<td>Illness of team members; Changes in practice membership</td>
</tr>
<tr>
<td>Johnson R.</td>
<td>Where have all the pennies gone? The work of Manchester medical audit advisory group. BMJ 1994;309:98-102.</td>
<td>Review of the work of one medical audit advisory group</td>
<td>Summarising casenotes; Openness among doctors about the work they do; Improved teamwork; Standard setting</td>
<td>NA</td>
<td>Contractual and organisational changes to GPs; Increase in amount of paperwork GPs have to do</td>
</tr>
<tr>
<td>Paper</td>
<td>Subjects/setting</td>
<td>Advantages identified or perceived</td>
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<tr>
<td>Kersting S, Packwood T, Buxton M. Medical audit. Taking stock. London: King’s Fund Centre, 1993:</td>
<td>Case study of audit activity in four sites</td>
<td>Improves quality of care; Encourages efficiency of resources; Alterations to medical practice; Construction of local standards; Educational; Stimulates debate; Important mechanism for medical socialisation. Leads to recommendations and clarification of policies General improvements; Useful tool for bidding for resources; Patient benefits</td>
<td>NA</td>
<td>Medical preserve; Provides an additional element in medical management; Makes little contribution to wider management; Dominated by enthusiasts; Rapidly implemented; Limited in scope</td>
<td>Professional isolation; Logistical problems in organising groups and meetings; Lack of confidence in access to audit support staff; Difficulty in determining action from results; Lack of knowledge; Work pressures; Poor information sources; Lack of structure</td>
</tr>
<tr>
<td>Kinn SR, Smith PJ. Medical audit activity in primary and secondary care in the West of Scotland. <em>Health Bull</em> 1996;54:252-7.</td>
<td>An anonymised postal survey of 150 GPs and 150 hospital based clinicians in six Health Boards 57 general practices</td>
<td>Irrelevant; Too many trivial audits</td>
<td>NA</td>
<td>Working in a teaching hospital; Working in a large general practice; Being enthusiastic and motivated</td>
<td>Modern records systems; Three or more partners; Clinical summaries; Training practice</td>
</tr>
<tr>
<td>Lerry B, Wareham K, Cheung WY. Practice characteristics associated with audit activity: a medical audit advisory group survey. <em>Br J Gen Pract</em> 1994;44:311-4.</td>
<td>82 general practices in one health authority</td>
<td>NA</td>
<td>De-skilling of practice based audit; Time spent on collaboration</td>
<td>NA</td>
<td>Large practice; Multi-disciplinary groups; Audit co-ordinators</td>
</tr>
<tr>
<td>Lewis C, Combes D. Is general practice audit alive and well? The view from Portsmouth. <em>Br J Gen Pract</em> 1996;46:735-6.</td>
<td>155 GP trainers and their trainees in West of Scotland</td>
<td>Useful way of assessing work; Improves patient care</td>
<td>NA</td>
<td>May be used to assess doctors; Inappropriate use of time</td>
<td>Protected time; Small group skills; Training; Database of current practice; Routine collection of pre-agreed data; Agreed protocols; Support and guidance</td>
</tr>
<tr>
<td>Lough JM, McKay J and Murray TS. Audit: trainers' and trainees' attitudes and experiences. <em>Med Educ</em> 1995;29:85-90</td>
<td>117 GP trainees in West of Scotland</td>
<td>Increased confidence in introducing change</td>
<td>NA</td>
<td>Lack of time and resources; Lack of motivation; Lack of cooperation from partners; Lack of knowledge/training; Agreeing and setting standards; Data collection; Lack of funding; Difficulty making changes</td>
<td>Support Protected time; Feedback; Encouragement; Practical help</td>
</tr>
<tr>
<td>Lough JM, McKay J, Murray TS. Audit and summative assessment: two years pilot experience. <em>Med Educ</em> 1995;29:101-103.</td>
<td>Semi-structured interviews in four Scottish Health Board areas with 5 audit facilitators, three clinicians, one CAMO, one director of quality, three national project coordinators and three members of CRAG</td>
<td>Self critical route to improving patient care.</td>
<td>Unsystematic; Threatening.</td>
<td>Lack of awareness of educational need to do audit among clinicians; Short term contracts; Competitive market where jobs are at stake; Lack of a shared understanding of audit; Lack of methodological rigour; Gap between theory and practice</td>
<td>Collaborative environment; Clarity of question and project plan; Systematic approach; Multi-purpose; Intention to change practice; Clinician owned and driven audit with feedback; Resource centre; Expert advice; Central control and disbursement of audit funds; Action-based directives; Requirements for information set locally; A national framework for specialty groups; Overall plan; Clarity and openness; Accountability and evaluation; Promotion of clinical guidelines; Better outcomes; Using patients' views. Sharing good methods; Pulling specialties; Growing projects from national to local</td>
</tr>
<tr>
<td>Millard A. Perceptions of clinical audit: a preliminary evaluation. <em>J Clin Effectiveness</em> 1996;1:96-9.</td>
<td>Self critical route to improving patient care.</td>
<td>Unsystematic; Threatening.</td>
<td>NA</td>
<td>Collaborative environment; Clarity of question and project plan; Systematic approach; Multi-purpose; Intention to change practice; Clinician owned and driven audit with feedback; Resource centre; Expert advice; Central control and disbursement of audit funds; Action-based directives; Requirements for information set locally; A national framework for specialty groups; Overall plan; Clarity and openness; Accountability and evaluation; Promotion of clinical guidelines; Better outcomes; Using patients' views. Sharing good methods; Pulling specialties; Growing projects from national to local</td>
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<tr>
<td>Millard A. Health professionals' needs: audit reports. <em>Audit Trends</em> 1996;4:129-132.</td>
<td>34 health professionals including nurses and PAMS in two Scottish Health Boards</td>
<td>Local information; Learning from others; Ideas from others on topic selection and development; Information on better ways of delivering care; Information on audit methods used by others; Comparison and checking of practice; Collaboration; Change; Improved public relations.</td>
<td>NA</td>
<td>Inter professional group barriers; Suspicion about the use of audit results; Lack of time; Lack of understanding of audit by managers; Too much information; Poor audit methods</td>
<td>Audit facilitators as filters of information; Audit group structure; Risk of audit being seen as bureaucratic; Sensitivity of time; Need for communication; Need for training; Reducing the threat of audit</td>
</tr>
<tr>
<td>Normand C, Ditch J, Dockrell J, et al. Clinical audit in professions allied to medicine and related therapy professions. Report to the Department of Health on a Pilot Study. Belfast. Health and Healthcare Research Unit, Queen's University Belfast, 1991</td>
<td>250 health professionals from Clinical Psychology, Occupational Therapy, Physiotherapy and Speech and Language Therapy</td>
<td>Improved standards; Better record keeping; Time directed from clinical work</td>
<td>Administrative burden; Time directed from clinical work</td>
<td>Inappropriateness and poor quality of routinely available information; Time involved in collecting and processing information; Lack of good tools to measure outcomes and quality; Scarcity of resources; Regrading exercises; Shortage of time; Problems in the financial management of funds; Lack of good quality clinical information systems; Lack of computing skills; Uncertainty over local funding arrangements</td>
<td>Clerical support; Recognition of time needed for audit; A common framework; Review of routine information collected on the activity of each profession; Dedicated time; Projects set up to test and validate existing tools; National framework</td>
</tr>
<tr>
<td>National Audit Office. <em>Auditing clinical care in Scotland</em>. London: HMSO, 1994</td>
<td>Five health boards and a selection of Trusts, provider units, general practices and specialty audit groups therein and 12 Royal Colleges interviews and reports</td>
<td>Changes in clinical practice, organisation and management; Increased quality of care; Increased professional satisfaction; Improved cost effectiveness and efficiency; Provides indication of quality of care being bought by purchasers</td>
<td>Non-clinicians setting priorities and making decisions about funding; Misinterpretation of results; Used inappropriately to influence purchasing decisions</td>
<td></td>
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<tr>
<td>Pringle M, Bradley C, Carmichael C, Walls H, Moore A. A survey of attitudes to and experience of medical audit in General Practice: Implications for MAAGS. <em>Audit Trends</em> 1994;2:9-13.</td>
<td></td>
<td>Improvements in patient care; Improvements in patient satisfaction; Better patient feedback; Increased knowledge among doctors; Increased awareness; Increased satisfaction; Improved performance; Communication and teamwork; Better record keeping; Improved practice administration; Uptake of services; Personnel deployment; Reveals interesting things about practice; A good use of time. Positive impacts on the delivery of care, careers and morale of therapists</td>
<td>NA</td>
<td></td>
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</tr>
<tr>
<td>Robinson S. Audit in the therapy professions: some constraints on progress. <em>Quality in Health Care</em> 1996;5:206-14.</td>
<td>62 Therapists and 60 stakeholders including nurses and doctors, managers, purchasers and quality co-ordinators</td>
<td></td>
<td>NA</td>
<td>Lack of resources; Lack of expertise or access to advice; Relations between groups; Organizational structures; Lack of an overall plan for audit</td>
<td>Previous experience of audit and completing the audit cycle</td>
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<tr>
<td>Robinson S. Evaluating the progress of clinical audit. <em>Int J Theory, Research and Practice</em> 1996;2:373-92.</td>
<td>62 Therapists and 60 stakeholders including nurses and doctors, managers, purchasers and quality co-ordinators</td>
<td>Professional confidence; Understanding of each other’s role; Good for C.V.; Improved patient care; Enhanced accountability; Greater ability to complement each other’s roles; Decreased professional marginalisation; Raised morale</td>
<td>Intimidation of junior staff; Fear of losing job; Loss of autonomy; Highlighted limitations; Unfair; Disheartening; Time spent on paperwork</td>
<td>Poor project planning; Lack of training; Poor relationships with management</td>
<td>NA</td>
</tr>
<tr>
<td>Russell ET, et al. Medical audit in general practice: I. Effects on doctors’ clinical behaviour for common childhood conditions. <em>BMJ</em> 1992;304:1480-4.</td>
<td>Study of the impact of 4 different types of medical audit on the behaviour of 92 general practitioner trainees for five conditions. Before and after comparison. A questionnaire survey of 144 clinicians and 70 managers in 41 health district about their perceptions of audit before its introduction</td>
<td>Would improve the quality of patient care; Would be an important component of continuing medical education; Worthwhile; A means of maintaining professional freedom by demonstrating proficiency</td>
<td>Interference with routine clinical workload; Waste of effort; Will utilise resources more important for patient care; Would allow managers to manipulate clinical practice; Restrict clinical activity; Lack of objective evidence</td>
<td>NA</td>
<td></td>
</tr>
<tr>
<td>Spencer IA. Audit and academic departments of general practice: a survey in the United Kingdom and Eire. <em>Br J Gen Pract</em> 1992;42:333-5.</td>
<td>A questionnaire of 31 academic departments of General Practice in Britain and Eire about problems in teaching medical audit Evaluation of one departmental audit programme</td>
<td>Educational; Baseline information; Improved patient care; Effect on practice</td>
<td>Time consuming; Boring.</td>
<td>Data collection; Poor planning.</td>
<td>Education and training; Careful choice of topic; Link between routine data systems and audit; Prospective data collection; Development of databases; College guidance; Clear plan; Re-evaluation. Mutual dialogue between purchasers and providers; Common understanding; Dedicated staff; Information technology; Money; Protected time; Realistic expectations</td>
</tr>
<tr>
<td>Tabendeh H, Thompson GM. Auditing ophthalmology audits. <em>Eye</em> 1995;9(Suppl):1-5.</td>
<td>A questionnaire and telephone survey of 31 academic departments of General Practice in Britain and Eire about problems in teaching medical audit Evaluation of one departmental audit programme</td>
<td>Educational; Baseline information; Improved patient care; Effect on practice</td>
<td>Time spent on audit; Not auditing own work</td>
<td>Lack of time; Difficulty making topic interesting and relevant; Negative attitudes from colleagues</td>
<td>NA</td>
</tr>
<tr>
<td>Thomson R, Elicoat C, Pugh E. Clinical audit and the purchaser-provider interaction: different attitudes and expectations in the United Kingdom. <em>Quality in Health Care</em> 1996;5:97-103.</td>
<td>Interviews with chief executives, contracts managers, quality audit leaders, directors of public health, consultants, GPs, audit support staff and practice managers</td>
<td>Measures and improves the quality of care; Evaluates practice; Produces outcomes; Educational; Results in change; Provides purchasers with provider performance data; Questions practice</td>
<td>Causes resentment among providers; Diminishes clinical ownership; Lack of confidentiality; Little outcome on local purchasing decisions; Punitive to providers</td>
<td>Reluctance to share information; Lack of knowledge of purchasers re clinical practice may lead to inappropriate comparisons</td>
<td>NA</td>
</tr>
<tr>
<td>Toy PTCY. Effectiveness of transfusion audits and practice guidelines. <em>Arch Path Lab Med</em> 1994;118:435-437</td>
<td>Literature review of published data which attested to the effectiveness of transfusion audits. Participant observational study in one 7 partner group practice</td>
<td>Improvements in practice; Guidelines; Education of technologies</td>
<td>NA</td>
<td>NA</td>
<td>Education</td>
</tr>
<tr>
<td>Watkins CJ, King J. Understanding the barriers to medical audit: insights from the experience of one practice. <em>Audit Trends</em> 1996;4:47-52.</td>
<td>Participant observational study in one 7 partner group practice</td>
<td>Potent tool for understanding decision making in the consulting room; Facilitates communication and understanding between partners in practice; Changes in practice prescribing policy.</td>
<td>The presence of an enthusiast prohibited the development of colleagues’ skills and excluded them from the audit activity</td>
<td>Preserving confidentiality; Anonymising data; Objective outside sources of information</td>
<td></td>
</tr>
<tr>
<td>Webb SJ, Dowell AC, Heywood P. Survey of general practice audit in Leeds. <em>BMJ</em> 1991;302:390-2.</td>
<td>Postal survey of 386 GPs</td>
<td>NA</td>
<td>Lack of time; Size of task; Lack of knowledge of and training in audit methods; Lack of cooperation from other colleagues; Resources</td>
<td>Modern records systems; Training; Time; Support; Strategy for General Practice; Co-operation from FHAs, MAAGS and government</td>
<td>NA</td>
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<tr>
<td>Webb MD, Harvey IM.</td>
<td>Postal survey of 140 consultants in one health authority</td>
<td>Improves performance; Educational</td>
<td>Unnecessary because medical practice is self-auditing</td>
<td>Fear of litigation; Lack of clerical support; Lack of time; Lack of computers; Lack of financial investment</td>
<td>NA</td>
</tr>
<tr>
<td>Webb MD, Harvey IM.</td>
<td>Postal questionnaire to 147 consultants in one health authority</td>
<td>Change in clinical practice e.g. changes in treatment, setting up of new clinic, policy changes</td>
<td>Time spent on inappropriate tasks; Cost</td>
<td>Confusion about role of colleges in audit; Lack of direction; Fragmented approach; Isolation from practice; Short term funding; Medical Directors; Lack of ability to evaluate audit; programmes; Lack of training; Lack of reporting mechanisms</td>
<td>Audit administrators; Time; Clerical support</td>
</tr>
<tr>
<td>CASPE Evaluations*</td>
<td>Document review and semistructured interviews with audit representative from 11 Royal Colleges in England</td>
<td>Mechanism for change; Quality accreditation; Change in attitude towards audit; Establishment of audit departments</td>
<td>Resistance to change; Doubt about its value; Threatening</td>
<td>Confusion about role of colleges in audit; Lack of direction; Fragmented approach; Isolation from practice; Short term funding; Medical Directors; Lack of ability to evaluate audit; programmes; Lack of training; Lack of reporting mechanisms</td>
<td>Dissemination of information; Long term funding; Clarification of role; Enhanced educational role; Collaboration with non-medical personnel</td>
</tr>
<tr>
<td>Bennett J and Coles J</td>
<td>A review of 29 audit programmes including 4 case studies</td>
<td>Greater interprofessional communication; Better understanding of each other's roles; More patient-centred approach; More effective audit; Improved quality of healthcare; Changes in clinical practice; Changes in service delivery; Changes in organisational structure; Quality management systems; Worthwhile; Good investment</td>
<td>Reduced confidentiality of process; Harder to speak frankly and openly; Concerns of other professionals: uninteresting; Different approaches and methods; Meetings too large and unmanageable; Medical staff expect to lead process; Differences in status and power; Suspicion about managerial involvement</td>
<td>Topics individually determined; Not part of core business; Professional distance; Inegalitarian funding; Confusion; Overlap and duplication of effort; Territorial tension; Bad organisation; No audit strategy; Poor links between audit and education; Variations in leadership and size of audit committees; Confusion over role of audit support staff; Lack of organisation and skill mix among support staff; Lack of basic IT systems or purchase of complex systems; Lack of training in audit methods; Incomplete or unfocused data collection; Lack of effective monitoring strategies; Different attitudes; Differential benefits; Lack of selection and prioritisation of audit topics; Late involvement of managers and lack of ownership of audit activity; Lack of skill in audit methods; Ambiguity about the difference between audit and research; Lack of direction or clarity to project; Difficulties in arranging multi-disciplinary meetings over large geographical area; Lack of dedicated time; Professional discontinuity; Isolation of groups; Lack of involvement of those being audited; Lack of ownership</td>
<td>Organisational environment; Leadership and direction of audit programmes; Strategy and planning in audit programmes; Resources and support for audit programmes; Monitoring and reporting of audit activity; Commitment and participation; Nature of audit activity; Wide impact of audit</td>
</tr>
<tr>
<td>Foster J, Willmot M and Coles J</td>
<td>Site visits to a sample of provider units hosting audit activity identified by a previous survey (Willmot et al., 1995)</td>
<td>Improved professional communication; Changes to patient care; Raised awareness of audit subject; Cost effective; Reduced profile of audit; Development of guidelines</td>
<td>NA</td>
<td>NA</td>
<td>Organisational environment; Consistent and clear leadership; Education and expertise; Clear aims and objectives; Involvement of clinicians; Clear impact</td>
</tr>
<tr>
<td>Walsh K and Coles J</td>
<td>Study of 20 initiatives to evaluate audit using a literature review and survey</td>
<td>NA</td>
<td>NA</td>
<td>Few tools for evaluation exist; Little evaluation takes place; Predominance of provider-clinician perspective in evaluation; Little evaluation above provider unit takes place; Little knowledge of audit activity across NHS exists; Little knowledge of the costs and benefits; Limited involvement in evaluation at regional level</td>
<td>Development of tools; More evaluations of clinical audit and from the perspectives of purchasers, providers and patients; Evaluations of audit programmes; Evaluation of audit across NHS; Evaluation of cost effectiveness</td>
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</tbody>
</table>
William M, Foster J, Walsh K and Coles J. A review of audit activity in the nursing and therapy professions

A national postal survey of recipients of nursing and therapy audit funding in the 14 regional health authorities in England

Changes in knowledge and awareness; Changes in communication with clinicians or patients; Changes in management; Changes in record keeping/documentation; Development and implementation of guidelines and standards; Changes in culture and attitudes; New services; Changes in availability of training and education; Change in access to cost of healthcare; Changes in prescribing

NA

Lack of resources; Lack of acceptance and commitment by staff; poor project planning; Lack of experience in audit; Changes in structure or management; Small projects; Lack of strategy or business plan

Co-operation and commitment from staff; Good organisation and teamwork; An efficient audit department and facilitator; Appropriate information technology; Training in audit techniques; Raised awareness of audit activity e.g. posters, newsletters; Information

The literature cited under each of these headings is not exhaustive, but instead studies have been chosen to illustrate key points.